

Friendships are like flowers.... We look forward to the new annuals and cherish the perennials



October 2021

### Greetings from Our President

*“People want to be on a team. They want to be a part of something bigger than themselves. They want to feel they are doing something for the greater good.”*

*--Mike Krzyzewski*

There is an inner part of us that wants to be part of something greater than ourselves, and do something that none of us can do alone. As a garden club we are much more than a group of individuals, each out to learn more about gardening and landscaping just to help our own lawns and gardens. You are touching and changing the lives of others in many positive ways that you may not even be aware of. We normally help 3 young people each year move toward their life careers by providing college scholarships (\$2,000 each). Your club (thus you) just did the following, making donations to all the organizations listed below. See complete list of donations on page 9.

\*Wheeling Township food pantry \*WINGS \*Arlington Cares \*Gerry’s Café  
\*District 25 school gardens \*Missouri Botanical Garden \*Lincoln Memorial Gardens \*Save Our Monarchs Foundation \*Citizens for Conservation \*Garfield Farm Museum \*Tour de Trees \*Forest Preserve Foundation of Busse Woods  
\*International Crane Foundation \*New Salem Lincoln League \*City of Prospect Heights for slough project \*Village of Arlington Heights native landscape  
\*Arlington Heights Park District Pollinator Garden \*National Garden Clubs National Disaster Fund

Please join us for our monthly meeting, October 25<sup>th</sup>, for an explanation of what each of these organizations actually do, to better understand why we support them. You do so much more than you realize every time you volunteer to help at one of our fund raisers! Thank you!!

*Jim Spannagel*

Oct 25th @ 7 PM  
Zoom General Meeting

#### *Growing Beautiful Roses Easily*

See page 2 for more information on this meeting and program presentation.

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## October Education Program

October 25th @ 7 PM

Val Solaski, Programs



### Growing Beautiful Roses Easily

Presented by Kim Hartman

Kim Hartmann is a horticulture educator and landscape designer. She is passionate about plants and professional development. She has spent the last 17 years working in various roles in the green industry. Prior to that Kim spent 18 years as a communication consultant. She is on the Board of Directors of the Illinois Landscape Contractors Association and heads their Education Committee. She is an Illinois Certified Nursery Professional and active in the Illinois Green Industry Association and its Education Committee. She was recently voted Illinois Certified Professional of the Year. She graduated from the University of Illinois with a Bachelors Degree in Communication and Horticulture. She is a University of Illinois Extension Master Gardener. She's a mother of three, grandmother of one and proud to be the daughter of a farmer and teacher.

Roses have a long history of bringing beauty and blooms to cultures around the world. In our Roses seminar, we will learn more about the various types of roses, how to care for them and the best cultivars for our region. From miniatures to climbers, hybrid teas to shrub roses, we'll cover the wide range of options for these fragrant, colorful, long-blooming roses.

**NOTE: This meeting will be held remotely on Zoom.** A Zoom meeting invite will be emailed out to all members and registered guests a few days prior to this meeting.

### Happy Birthday & Best Wishes

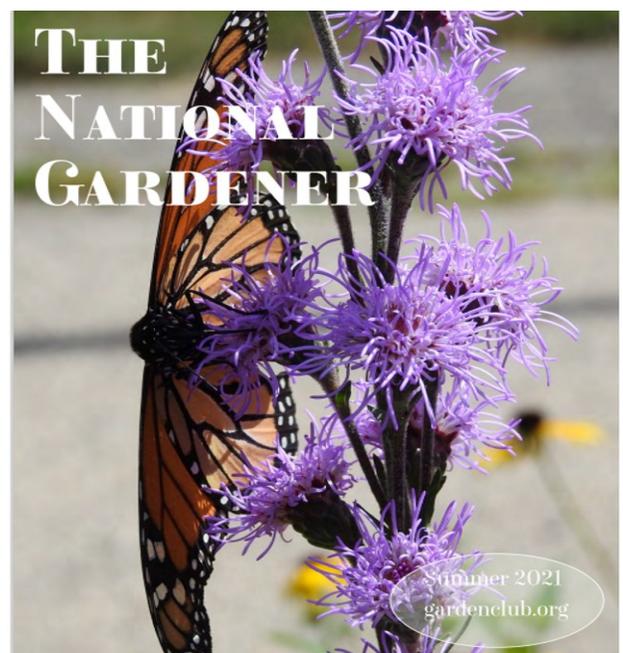
Lesley Jackson  
Pete Landwehr  
Carole Sekera  
Dale Sturm  
Denise Suender

### The National Gardener

Bev Krams, Horticulture

If you haven't already signed up to receive National Garden Club's digital publication, "The National Gardener," I encourage you to do so. Simply visit the [gardenclub.org](https://gardenclub.org) website and the invitation to subscribe is on the home page.

In the past, the magazine was mailed to Club Presidents, National Board members and other subscribers. A decision was made to only offer a digital form of the newsletter and to make it available to all members - that means each and every one of the members of The Garden Clubs of Illinois, Inc.



## A Day at the Japanese Gardens

Shelley Plischke

On October 6, twelve people spent the day at the *Anderson Japanese Gardens* for a beautiful, inspiring, and informative outing. We are fortunate to live in an area that offers so much diversity and opportunity for sharing not only pleasing visual but also environmental impact.

Going forward it is our hope to take advantage of these venues and make them accessible to more members. This will include better coordination for transportation, as many of you would have joined us but didn't want to drive alone.

We are open to suggestions for future day trips. If there is a special place you think the AHGC members would enjoy, [please let us know](#).



# Great Programming is a Team Effort

Val Solaski, Programs

Would you like to help our club facilitate great programs? We have an opportunity available for someone who is both a garden lover and is tech savvy. Combine both by becoming the "tech guru" for the Programs Committee, helping with our technical approach / issues in presenting programs and helping our speakers set up, as needed. If this is something you would like to consider or learn more about, please reach out to [Val Solaski](#).



Conservation@Home Fall Program 

## Native Pollinators

Wednesday, October 27, 2021  
6:30 PM - 8 PM | Zoom | Free

When it comes to pollination, honeybees get a majority of the attention. However, many insects play a role in pollination. Join us to learn about different native pollinators, like flies and beetles, and gain tips on making your landscape welcoming and attractive to them.

**REGISTER HERE** | [go.illinois.edu/NativePollinators](https://go.illinois.edu/NativePollinators)

 **Illinois Extension**  
UNIVERSITY OF ILLINOIS-URBANA-CHAMPAIGN

 **CONSERVATION@HOME**

 **FOREST PRESERVES**  
of Cook County

Brought to you in partnership with Illinois Extension, Conservation@Home, and Forest Preserves of Cook County.  
The University of Illinois | U.S. Department of Agriculture | Local Extension Councils Cooperating  
University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate, please contact Neĵra Muminovic at [muminov2@illinois.edu](mailto:muminov2@illinois.edu) or call 224-347-1089.

## Holiday Party Planning

Marilyn & Joe Weber, Hospitality

The year-end holidays are fast approaching, and the Garden Club would really like to celebrate!

In consideration for the health of our members, it was decided to do a virtual holiday party once again. Save the date, **Monday, December 13** – for some fun and camaraderie!

We are looking for members who would like to help make this a special and fun event. Please contact Joe or Marilyn Weber via email or phone.

[Marilyn](#) (847) 217-4438 | [Joe](#) (847) 217-4431

## Post Office Tool Box Installation

The Arlington Heights Garden Club extends its gratitude to [Knaack LLC](#) of Crystal Lake, Illinois, for their generous donation of a Knaack tool box. Installed at the Arlington Heights U.S. Post Office, the tool box will allow club members to store water hoses, safety cones, shovels, hand tools and other items for convenient use and safe storage.

A special "thank you" to Club member Lew Coffin, former VP of Operations at Knaack, for arranging for the gift from the respected manufacturer of commercial grade metal boxes. Lew, along with Bob Bruett and Mike Relaz transported our donation from Crystal Lake and installed it securely in October. All those members who work at the Post Office are grateful for making their lives easier by not having to lug all the equipment each time they work! Thank you Knaack LLC!



### Coming In November

**Georgia O'Keeffe: The Inspiration of Nature**  
Monday, November 22nd 7-8p.m. / Zoom

In this living history performance, historian Leslie Goddard, Ph.D. portrays the legendary artist and modernist. As O'Keeffe reflects on her life, she discusses her intense closeness to flowers, nature and the landscape around her homes in New Mexico.

Presented in partnership with the Arlington Heights Memorial Library and the Arlington Heights Garden Club.

## National Rx Take Back Day

*June Miller, Conservation*

The Arlington Heights Police Department (along with other nearby community collection sites) is participating in the U.S. DEA's National Drug Take Back Day on Saturday, October 23, 2021 from 10 a.m. to 2 p.m. This event aims to provide a safe, convenient, and anonymous means of disposing of prescription drugs. By properly and safely disposing your expired and unused medications, you can help prevent accidental overdoses. The Drug Take Back event also helps the Arlington Heights Public Works Water Department protect the water supply by encouraging proper drug disposal.

Bring your pills for disposal to the Arlington Heights Police Department lobby, 200 E. Sigwalt St., on October 23, from 10 a.m. to 2 p.m. **Please note:** liquids, needles or sharps will not be accepted - only pills. This service is free and anonymous, no questions asked.

Interesting Fact: the April 2021 National Take Back Day brought in 839,543 lbs. (420 Tons) of medications!

For more information about the disposal of prescription drugs or about the Take Back Day program, go to [www.DEATakeBack.com](http://www.DEATakeBack.com).



*Macy's Pride Rose*  
A 7' foot tall shrub with flowers at 5-feet  
(Nancy Asquini-Dean)

# Gardening Knowledge

Bev Krams, Horticulture

## UPCOMING EDUCATIONAL OPPORTUNITIES

### FOREST PRESERVES OF COOK COUNTY

10/20 @ 12-1 PM Evolution of Organized Chaos: Prescribed Fire and the FPCC  
Zoom presentation | [Registration Required](#)

### ARLINGTON HEIGHTS MEMORIAL LIBRARY

10/21 @ 7-8:30 PM An Evening with Robin Wall Kimmerer, author of **Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants.**  
Register [here](#) for the Zoom event

### BARRINGTON AREA BIRD WALKS

Walks are free and open to the public but registration is required.  
Contact: [Susan Baert](#) or call (847) 854-2175  
Wear walking shoes, bring binoculars and Covid protocols are observed.  
10/22 Friday @ 8:30am Galloping Hill (park @ Penny road Pond parking lot in Barrington Hills)  
10/29 Friday @9am Crabtree Nature Center (3 Stover Rd off of Palatine Rd)  
11/5 Friday @ 9am Crabtree Nature Center

### CHICAGO BOTANIC GARDEN CLASSES

Click [here](#) to view class schedule

### PROSPECT HEIGHTS NATURAL RESOURCES COMMISSION

10/24 Sunday 9-11am Annual Seed Processing & Volunteer Appreciation Potluck  
Check [website](#) for information on how you can volunteer. They supply all tools, instruction, supervision.  
New to program, download volunteer waiver on website and bring it with you!

### MELINDA MYERS WEBINAR on PRUNING TIPS FOR SHRUBS

10/27 Wednesday 6:30pm FREE but [click here](#) to register

### MORTON ARBORETUM

[Activities for everyone to do anytime.](#)

### PLATT HILL NURSERY

Click [here](#) to learn about their seminars/events  
10/25 Herb Workshop  
11/12 Christmas Open House Weekend

### PROSPECT HEIGHTS PUBLIC LIBRARY

“Our Biggest Experiment-An Epic History of the Climate Crisis”  
January 20, 2022 Thursday 1-3pm Dr. Alice Bell from England  
Prospect Heights Natural Resource Commission ZOOM presentation Free  
How did we discover the climate Crisis? Dr. Bell is co-director at the climate change charity [Possible](#) and author of [Our Biggest Experiment](#): A History of the Climate Crisis (Bloomsbury Sigma, 2021) and will tell us about the scientists who sounded the alarm to reveal the crisis of climate we are experiencing today.  
Click [here](#) to register

# Gardening Knowledge

Bev Krams, Horticulture

## October Garden To-Do List

### GENERAL GARDEN CARE

- CONTINUE to get that ONE inch of water a week on your perennials, flowers, shrubs and trees, especially if they are newly transplanted. GRAB YOUR HOSE!
- Apply anti-transpirants to your broad-leaved evergreens that are located in windy areas. This will slow down water loss through the needles. They may also be wrapped in burlap.
- You may want to wrap your young trees and shrubs in poultry wired or hardware cloth to protect them from rabbits and vole damage.
- Winterize aquatic gardens.
- Save shredded leaves for mulching in November.
- Clean out birdbaths.

### ANNUAL AND PERENNIALS

- The end of fall, what a great season this was! Make notes of what you did well and what you want to improve on.
- Clean up your plant debris from the garden or you may want to consider leave some plant remnants for winter interest. It does provide food for wildlife.
- Continue to add to the compost pile with shredded leaves. Till compost.
- NOT TOO LATE TO PLANT SPRING BULBS! Plant until the ground freezes.
- A few weeks after a killing frost, lift and store your dahlias and cannas.

### LAWN CARE

- Continue mowing @ 2 inches until the grass is dormant.

### FRUIT | VEGETABLE | HERB CARE

- Plant your seed GARLIC
- Plant your MILKWEED
- Harvest PUMPKINS before a frost
- Ripen GREEN TOMATOES
  - Save only mature green tomatoes.
  - Place tomatoes in a cardboard box lined with newspaper, leave a little space between the fruit for air circulation. Cover with newspaper. Repeat second and third layer covering each with newspaper. Cover box.
  - Store at 70-80 degrees to ripen in about two weeks.
  - Store at 60-70 degrees and 50-60 degrees for successive ripening.
  - A banana the box will turn the tomatoes red quicker due to the natural ethylene in banana's to speed up the ripening.

For more gardening tips be sure to visit the [Gardener's Calendar](#) on our website.

*Protect your plants from frost. We typically have approximately 161 frost free days in our growing season, Zone 5.*

### VILLAGE OF ARLINGTON HEIGHTS Fall Leaves 2:1 Program

October 14 through December 14 residents need to only place 1 sticker for every 2 bags of leaves set out for collection. Many local stores sell the landscape waste stickers. Stickers are also available at Village Hall & the Arlington Heights Senior Center.

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## Crunch, Crunch, Crunch!

*Bev Krams, Horticulture*

What a windfall of acorns, black walnuts, maple seeds, catkins and cones have covered our yards, decks and sidewalks this year. We are walking all over them, tracking the seeds into our cars and houses and the leaves have not even fallen yet! There has been a bumper crop this year. What happened?

According to the experts we should have been paying much closer attention this spring when these 'seeds' began as flowers. Not beautiful colorful buds but small, pale green, inconspicuous buds on the trees/evergreens. These flowers emerged from buds that were formed in 2020. Last year was also a dry year, putting the trees/evergreens under stress and increasing the flower bud production that emerged in the spring of 2021.



Who's happy about this? Well check out the busy squirrels in your yard! They are frantically trying to 'squirrel away' all the treasures they can, knowing full well they will forget where they put them!! This is great for our wildlife that live in our forests as the seeds are a high fat food valuable to their diet. Unfortunately, heavy nut and cone production can cause reduction in tree growth because they shift their nutrient resources to producing reproductive seeds and not structural growth. Will it hurt our trees? No, they just will not grow as quickly. Be kind to your trees, they are under stress....water, water, water!

[Resource: Michigan State University Landscaping](#)

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## Fall Clean-up

*Bev Krams, Horticulture*

You're not done yet! Is this a summer without end? I would like to tell you to clean up your garden beds by taking down dead material but there are a lot of plants out there still green as can be. I am having difficulty cutting my peonies when they are still green. Even the leaves on the trees have been holding on to their emerald colors and they just don't want to give up those golden yellows, reds and rusts. What's a gardener to do?

That cool weather is going to show up sooner than later so get those rakes ready and pull those leaves off the lawn and into your garden beds. Always remembers that messy leaf litter under natives or in a brush pile fosters a habitat for overwintering beneficials. Do your heavy raking now not in the spring when it opens the lawn to weed seeds. Top dress with compost and sprinkle on some grass seeds. It will look great in the spring! BUT....don't stop mowing yet! Keep it at a 2 Inch cut until the grass is dormant.



Save seeds by harvesting and drying them out and then storing in a cool dark area. You may want to plant those seeds now that need stratification, exposure to cold, damp conditions over the winter, such as your milkweed seeds.

Continue to divide those perennials and get some of those bulbs you ordered last summer into the ground and don't forget about them.

Bring in those **Green tomatoes** to ripen inside. See our website for directions. (October TO DO list) Plant those spinach and Swiss chard seeds for one more crop.

If you haven't already, get those birdbaths, garden pots and tchotchke's (garden ornamentals) cleaned up and put away....I know I still can't break down those beautiful blooming geraniums but they've got to go!

## Garden Club 2021-22 Approved Discretionary Donations

<u>Name</u>	<u>Approved 2021-22</u>	<u>Description</u>
Arlington Heights Historical Museum	\$ 2,000	Support for Historical Society
National Garden Clubs National Disaster Fund	\$ 100	supports garden clubs in times of national disasters
AH Park District	\$ 1,000	help establish gardens in public places in AH
Village of AH	\$ 1,000	help establish gardens in public places in AH
Wheeling Township Food Pantry	\$ 400	feeds local families
WINGS	\$ 500	Women's support group
Arlington Cares	\$ 500	AH fund to help needy
Gerry's Café	\$ 500	Café to employ disabilities
St Simon Episcopal Church	\$ 500	AHGC meeting site
District 25 School Gardens	\$ 500	
Missouri Botanical Garden	\$ 100	great plant database
Lincoln Memorial Gardens	\$ 100	
Citizens for Conservation	\$ 300	Conservation group
Save Our Monarchs Foundation	\$ 100	Conservation group
Garfield Farm Museum	\$ 200	
Tour de Trees - Tree Fund	\$ 200	Plants trees in blighted areas
Forest Preserve Foundation - Busse Woods	\$ 100	
International Crane Foundation	\$ 100	
New Salem Lincoln League	\$ 100	
City of Prospect Heights - Slough	\$ 200	Prospect Heights Slough
Miscellaneous Projects	\$ 1,500	
	<hr/>	
	\$ 10,000	<i>Note: Approved at the October 10, 2021 board meeting</i>

## Green Your Halloween. Attend a Pumpkin Smash!

*Bev Krams, Horticulture*

In the US a billion pumpkins are grown each year but most of them are thrown away! A pumpkin smash is a community effort to keep pumpkins out of our landfills.

A number of communities are encouraging you NOT to dump your pumpkins along the road OR send them to the landfill. Pumpkin SMASHES have been going on in Illinois since 2014. The [SCARCE website](#) will give you some locations where you can participate. The closest sites near us are Hoffman Estates Public Works, Lake Barrington Disposal & Recycle, Park Ridge Public Works or Vernon Hills Park District.

An alternative to participating in a Pumpkin Smash is to save your pumpkin for your composter or allow them to decompose in your yard for the winter creating a nutrient rich soil amendment! The important part is to keep pumpkins out of the landfill to decrease the amount of methane gas they produce.

Landfills are the 3rd largest producers of methane gas in the world. Methane is a greenhouse gas that is extremely harmful to the atmosphere and pumpkins in landfills don't get enough oxygen to decompose properly subsequently giving off methane gas. Pumpkins are 90% water which is great for our soil but not as good to have in the landfills. Increased water in landfills has the potential to create groundwater contamination. Be sure to watch this [video](#) to learn more.

*Resources:* [The Forest Preserve District Will County](#) and [SCARCE Pumpkin Smash 2021](#)



# Colors of October



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## Board of Directors

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President	Jim Spannagel
Secretary	Nancy Asquini-Dean
Treasurer	Pete Landwehr

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## Committee Chairs

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Artistic	Barb Franks
Civics	Mike Relaz
	Dee Schurman
Conservation	June Miller
Garden Walk	Kathy Hendricksen
	Aileen Koeppen
Horticulture	Bev Krams
Hospitality	Marilyn Weber
	Joe Weber
Membership	Renie Norkiewicz
	Shelley Plischke
Newsletter	Mona Frisbie
Plant Sale	Bob Bruett
Programs	Val Solaski
Publicity	Lesley Jackson
	Connie Landwehr
Scholarship	Mike Dennehey
Website	Denise Nowak

# Treasurer's Report

Pete Landwehr, Treasurer

ARLINGTON HEIGHTS GARDEN CLUB TREASURER'S REPORT SEPTEMBER, 2021
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Checking Account Balance 8/31/21

Stmt Date \$ 18,721.84

Receipts:

Total

-

Disbursements (cleared):

	<u>Check #</u>	<u>Ck Date</u>		
GCI	1444	8/23/21	19.00	new members
Jim Spannagel	1446	8/30/21	113.76	Zoom renewal
Delores Schurman	1447	9/13/21	37.25	CLA plants

Total

170.01

Checking Account Balance 9/30/21

\$ 18,551.83

Receipts to be deposited

Dee Schurman 1.00 found at CLA

Total undeposited receipts

\$ 1.00

Open invoices and checks written but not cashed

	<u>Check #</u>	<u>Ck Date</u>		
District IX - GCI	1448	9/17/21	10.00	District IX dues
Cindy Crosby	1449	9/28/21	250.00	Sept Presentation

Total outstanding checks and invoices

\$ 260.00

ADJUSTED CASH POSITION 9/30/21

\$ 18,292.83

# AHGC Board Meeting Notes

*Nancy Asquini Dean, Recording Secretary*

## AHGC Board Meeting | October 11, 2021 7:00 PM

**President** - Jim Spannagel welcome and opening of Zoom meeting. President requested Board approval of June Miller as new Conservation chair. Board approved.

**Treasurer**—September report was approved. Also, approved were the 2021-22 Proposed Budget and the 2021-22 Discretionary Funds (Donations). Online payment is continuing being discussed and further research being done.

**Artistic** – Barb is checking with Friendship Conservatory for possible Fall workshop-late November, early December. Still need a Holiday Tree coordinator to oversee the volunteers for the 3 different locations. Can be different people for each tree. Senior Center has requested earlier set up this year due to programming.

**Civics** – Dee Schurman donated sedum from her yard for the Post Office project. Lew Coffin donated a Knaack tool box for the Post Office location. Thank you, Lew.

**Conservation** – June Miller was approved as new chair of this committee.

**Garden Walk and Unique Boutique** – Planning meetings to begin in January.

**Membership** – Discussed ways for new members to be involved in Club. Kathy H. had visited a large nursery in Harvard which grows native plants for viewing and for sale. Possible field trip? Consider weekend trips for working members. Recent Club field trip to Anderson Japanese Gardens in Rockford attended by 12.

**Horticulture** – Bev submitted article to newsletter on mums.

**Hospitality** – We will have a Zoom Holiday party on Monday, December 13<sup>th</sup>.

**Programs** – September “Tallgrass Prairie: Illinois Original Garden” was excellent. October 25<sup>th</sup> Zoom meeting “Growing Beautiful Roses Easily” Kim Hartmann November 22<sup>nd</sup> “Georgia O’Keefe” by Leslie Goddard at Arlington Heights Memorial Library Purchase of photo frame for Club use approved. Purchase of projector also approved.

**Plant Sale** - Pete is checking on when Farmers’ Market is opening next year.

**Scholarship** - Mike will submit articles on the winners to the Herald.

**Website** – Mike D is working with Denise on some website updates. Website reviewed at Board meeting and some minor suggestions made to the layout.

**Old/New Business** – Still seeking Vice President and Bylaws description from years back is being updated and sent to Board members for approval. Will appear in newsletter and vote could possibly be done at October general meeting.

Kathy H. is filling out and submitting Awards Applications to GCI under large clubs (over 50 members) category. Some of the awards have monetary value and we hope to be selected.