



Arlington Heights garden club

June, July, and August 2016

Growing Together

Carol Elliott, Editor

Summer Meetings!

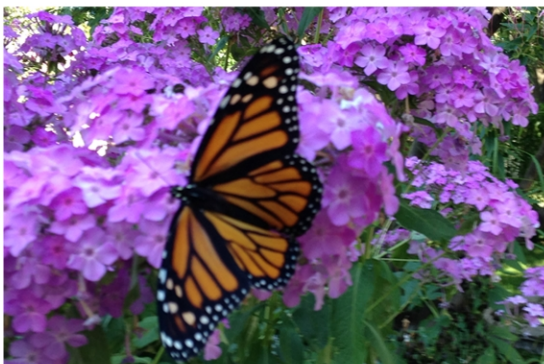
Mondays, June 27, July 25, and the picnic on August 22

During the summer we hold informal meetings in the gardens of our members. Please bring a lawn chair to each of these meetings.

On June 27th we will meet in Jim Spannagel's garden at 18 South Yale Ave. From Village Hall you can take Sigwalt Street straight west to Yale and turn right. Jim is our Conservation Chair, and he is going to share some of his knowledge about our native bees.

On July 25th we will meet at Carol Elliott's garden at 804 West Braeside Drive. From Village Hall, take Arlington Heights Road north. Turn left on Hintz Road and turn right on Braeside, which is the first right after the first stop sign on Hintz. Carol is going to share her experience growing milkweed and raising monarch caterpillars.

Our August meeting is our picnic at the Historical Society grounds across from the library. See more info about our picnic inside this newsletter.



Greetings from Our President

Wow! What a fabulous Garden Walk, Unique Boutique and first time Plant Sale! We had a great weather Sunday compared to the heat on Saturday which brought us 305 attendees and 24 vendors. We are still compiling expenses but our rough figure of a net profit for the Garden Walk is \$6500 which includes gross sales of \$856.50 from our first ever plant sale. I would like to extend a huge thank you to Jim and Patti Spannagel for organizing the plant sale with help from Pete Landwehr and the many other garden club members who donated plants and helped work the sale. A tremendous thank you goes to our Garden Walk Core Committee, our Sponsors and Advertisers, our Vendors, our Host Gardeners, the Historical Society, and all Garden Club members.

I am looking forward to seeing the Spannagel garden in June and the Elliott garden in July. Please be sure to hang onto this newsletter to mark the dates for these meetings as well as our Summer BBQ at the Historical Museum on Monday, August 22nd at 6:00 p.m. I am pleased to announce at the suggestion of Bev Krams I have made arrangements to have the Historical homes on the museum grounds open so after we eat dinner, we can get a tour of them with some docents.

Please look through this newsletter for news about various community projects our club has been working on this spring

Kathy Hendricksen, President

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June Hostesses

A reminder and thank you from Aggie Prochaska, Social Chair, to those bringing treats to our June meeting.

Pat Garrity

Pat Dennehey

Mary Jo Pedersen

July Hostesses

A reminder and thank you from Aggie Prochaska, Social Chair, to those bringing treats to our July meeting.

Ashley Karr

Nancy Asquini-Dean

Carol Elliott

Historical Society Garden and Housewalk

Many thanks to members who planted annuals at the Historical Society Garden: Kathy Wolan, Aggie Prochaska, Marie Berhinig, Josephine Perez and Claudia McGrath. Thanks too to Jim Spanigal for getting Swamp Milkweed for the garden. All is planted and looking beautiful.

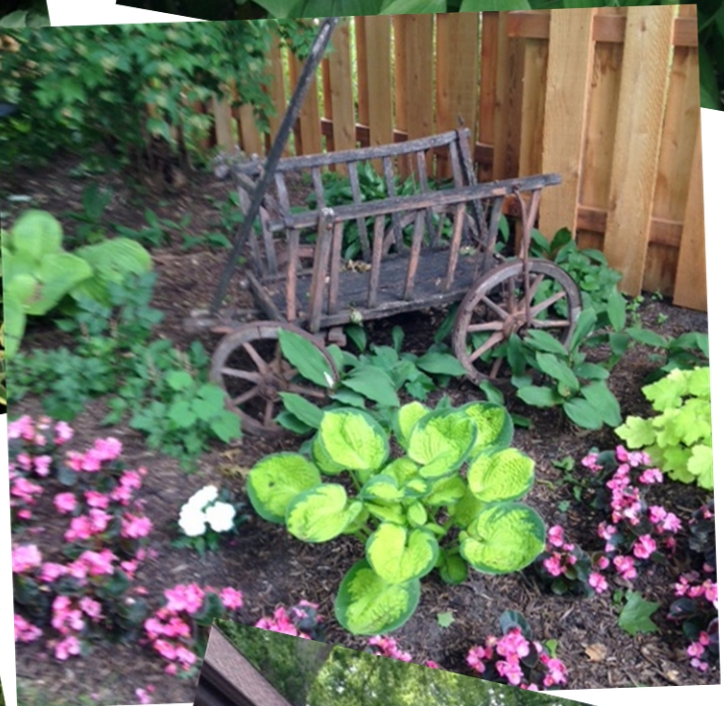


There is still a chance to be a docent on the Historical Society Housewalk on Sunday the 26th. For 2 1/2 hours of being a docent you get a free ticket to the housewalk. Please email kjwolan@att.net if you are interested.

Community Projects

Sharon Swanson, volunteer coordinator of the Arl. Hts. Senior Center sent a thank you for Mike Relaz planting caladium bulbs in their patio area and the holiday tree decorating led by Josephine Perez and her committee. Through a joint effort of the Garden Club and The Davey Tree Expert Company, a sugar maple was planted in front of Westgate School in front of 200 1st and 2nd graders with logistics coordinated by Jim Spannagel and assistance from myself and Mike Relaz.

Photos from the June 12 Garden Walk



Chicago Botanic Garden Rooftop Garden Tour

Members and their guests are invited to sign up now for the Saturday, September 10, 2016, Rooftop Garden tour at the Chicago Botanic Garden. The day will begin at 10 AM with a Grand Tram Tour of the Botanic Garden grounds, followed by the rooftop garden explanation and then lunch at the Botanic Garden café (lunch is on your own). We will leave from the Historical Society at 9 AM and carpool to the Botanic Garden. Parking fees at the Garden will be waived for our tour. The cost for paid-up Arlington Heights Garden Club members is \$10 and all others will pay \$20. Full payment is due at the time of sign-up. Tour group members receive 10% off on items in the gift shop that day. Come join us for a relaxing and informative morning at one of the most beautiful garden spots in Illinois. Contact Jim Spannagel (18 S Yale, Arlington Hts, IL 60005) with questions and to make your reservations (847-322-8207) or spannagel66@hotmail.com.

Cowboy Caviar/Bean Salsa

from Pete & Connie Landwehr

1 -14 oz. can each:

Red kidney beans (drained & rinsed)

Black beans (drained & rinsed)

Chili beans

Corn (drained)

Small jar of salsa (any kind or degree of heat of your choice)

1 tomato, diced (used 14 oz. can of petite diced tomatoes)

1 onion, diced

1 or 2 jalapenos, chopped

Clove of garlic, minced

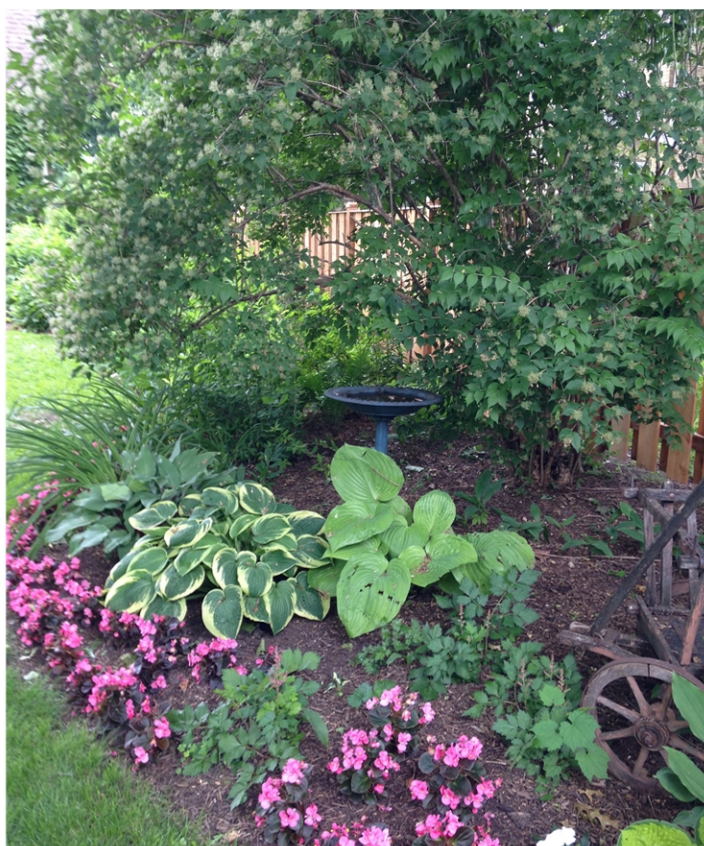
Cumin to taste

Chili powder to taste

None of the measurements are precise, you just throw it all together. Heat level can be adjusted by using only 1 jalapeno and by amount of chili powder added.

This makes a large bowl and can be kept in refrigerator for a while if not all used. Serve with corn tortilla chips.

Bring one of your favorite recipes to the summer picnic August 22 at the Historical Society Gardens!



GROWING YOUR GARDEN KNOWLEDGE - SUMMER 2016

June 22, 10:30 am - 3:30 pm, North Shore Garden Club, Centennial Celebration Garden Walk - Visit seven beautiful and varied gardens in Winnetka, Glencoe, and Highland Park. Tickets: \$35 General Public; \$40 Day of Event. Buy tickets at www.nsgc.eventbrite.com or by sending a check made out to North Shore Garden Club to Jessica Lundevall, 76 Lakewood Place, Highland Park IL 60035. Guests must get their ticket and map the day of the event between 9:45 am and 2:45 pm in the parking lot of North Shore Congregation Israel, 1145 Sheridan Road, Glencoe.

June 26, noon - 4 pm, Rolling Meadows Garden Club Garden Walk. Check in at 3100 Central Rd, Rolling Meadows. Tickets are \$10.00 in advance / \$15.00 day of event. Check our website for ticket selling locations: www.rollingmeadowsgardenclub.com

July 9, at 9 a.m. - Illinois Dunesland Garden Club, Annual Garden Walk and raffle, begins at the Zion-Benton Public Library

July 9 - "McHenry County Master Gardeners Garden Walk and Demonstration Gardens" in Crystal Lake, Ill., and the McHenry County area.

July 9-10 - "North American Lily Society Show" - at Chicago Botanic Garden in Glencoe, Ill.

July 16-17 - "North Shore Iris & Daylily Society Daylily Show & Sale" - at Chicago Botanic Garden in Glencoe, Ill.

July 18 - "GCI 2016 Summer Meeting" - at Cantigny Park and Gardens in Wheaton, Ill.

July 23-24 - "Cactus & Succulent Society of Greater Chicago Show & Sale" - at Chicago Botanic Garden in Glencoe, Ill.

July 29-30 - "GCI Flower Show - Under the Big Top" - at Naperville Municipal Center in Naperville, Ill.

Aug. 11 - "The Gardens at Ball", evaluation and test gardens, to see the best of the new. Des Plaines Garden Club outing including lunch at "The Country House Restaurant" in Geneva. Then visit "We Grow Dreams Greenhouse", in West Chicago, Ill.

Aug. 27-28 - "Heirloom Tomato Weekend" - at Chicago Botanic Garden in Glencoe, Ill.

Aug. 28 - "Heirloom Garden Show" - rare and specialty fruits, vegetables, flowers, and herbs are displayed and sold by Midwestern growers - at Garfield Farm and Inn Museum in Campton Hills, Ill.

Sept. 17-18 - "Central States Dahlia Society Show" - at Chicago Botanic Garden

Sept. 23-25 - "Chicago Gourmet: A Celebration of Food & Wine" - a culinary all-star weekend of more than 150 fine restaurants and purveyors, with celebrity chef demonstrations; beer, wine, and cocktail seminars, and food tastings - at Millennium Park in Chicago, Ill.

Summer Rose Care

Roses are one of the finest flowers you can grow in your garden. While they have a reputation for being difficult, if you follow a few simple rules, they can be relatively easy to grow. The first consideration is location. Roses need full sun - direct sun light of at least six hours per day (preferably 8+) - to be happy. Next, consider that they need consistent moisture so you should mulch the soil 2-3" deep and provide supplemental watering if nature does not provide at least 1" per week - more in hot weather. Wet leaves promote leaf diseases so you should water the ground taking care not to wet the leaves. It also helps to water early in the day to allow plenty of time for the leaves to dry out before evening. Make sure there is plenty of room around each plant to allow for good air flow.

Since they are heavy feeders, each spring you should plan to apply a general purpose fertilizer such as 10-10-10 or 12-12-12. Apply again in mid June and a third time in mid July. Alternatively, you can apply a timed release fertilizer such as Osmacote once. You should cease fertilization by early August so as not to promote new growth late in the season when it is more susceptible to frost damage.

Pruning is a key part of rose care. Spring pruning should leave 4 or 5 strong outward facing stems that originate from low on the rose bush just above the swelled stem (bud union). Any growth originating below the bud union is from the root stock and will probably be inferior and may even be a different color. It is best to leave the center of the rose bush open to air and sunlight to promote more even growth and allow air to circulate throughout the plant. Deadheading is key to encouraging continuous blooming. The primary goal of a plant is to reproduce so if you leave spent flowers on the plant to produce seed, it thinks its job is done. If you cut off flowers as soon as they fade, the plant will be encouraged to produce more flowers. Using a clean, sharp pruner, cut the spent flower back at a 45 degree angle just above a 5 leaf cluster, which is where new flowering stems will emerge. Remove all dead or diseased canes - which are dark brown - as well as weak, spindly canes less than a pencil in diameter. Whenever you are pruning a diseased plant, you should sterilize the pruner between each cut with rubbing alcohol, bleach solution etc. to avoid spreading it to other branches or plants.

There are several diseases that can attack rose bushes including black spot, powdery mildew, botrytis and mosaic. Promptly removing affected leaves as well as application of a general purpose fungicide can minimize spreading. Pests include aphids, Japanese Beetles and various caterpillars, mites and midges. The first defense is a stiff blast from the hose to knock the pests off the plant. For Japanese beetles, knock them off into a bucket of soapy water. If that is not effective, next try insecticidal soap and finally an insecticide. While it is tempting to use a systemic insecticide first, keep in mind that it is absorbed into all parts of the plant making the flowers, leaves, pollen and nectar poison to all insects.

Hopefully this will allow you to enjoy your roses without becoming slaves to them.

Pete Landwehr
Master Gardener and Horticulture Chair



Westgate School Tree Planting

On May 25th, The Davey Tree Expert Co. planted a sugar maple in front of Westgate School which was also partially funded by a \$500 donation from the Arl. Hts. Garden Club. Over 200 1st and 2nd graders at Westgate School read a poem with Advice from a Tree. They also are a Leader in Me School and the students have learned the 7 Habits of Happy Kids as part of character building at Westgate. The "mascot" is a 7 Habits Tree and they said the sugar maple could symbolize that. Kathy Hendricksen gave a brief demonstration to show what kinds of things come from trees including a maple syrup bucket. Mike Relaz assisted with the children who had been selected to help finish digging dirt to plant the tree and Ryan Sherman of Davey Tree told the children what an arborist does. Jim Spannagel worked with Karen Wenzel at Westgate to help coordinate the various logistics.



Alena Neuswanger granted a \$1500 Scholarship for 2016/2017

This will be Alena's senior year of college at the Illinois Wesleyan University in Bloomington, IL, where she is studying to receive her Bachelor of Science in Nursing.

As you can see, Alena is not the traditional applicant for the AHGC scholarship; she is completing her degree in nursing. She has been associated with gardening throughout her years.



Growing up her grandmother and father were inspirations and provided gardening training for her with both outside vegetable gardens and inside with African violets. While she is passionate about becoming a nurse, she has always maintained an appreciation for gardening and working with the earth. As president of Illinois Wesleyan University's student run Peace Garden, Alena takes time out of her busy clinical nursing schedule to plant, tend, and harvest the many crops at the garden. As president for the 2016-2017 year, Alena will oversee the relocation of the garden space, continue to organize the student volunteers, as well as coordinate the community education events and produce sales. At home, Alena and her family continue to cultivate a wide variety of plants and vegetables in their raised-bed gardens. Continuing her love for the healthcare field, Alena has a strong interest in the medicinal quality of plants and hopes to incorporate a holistic and homeopathic approach to her future as a nurse.

She worked throughout high school as a child caregiver and lifeguard and a swimming instructor at Olympic Pool. At college she works as a student Assistant at Arnold Health Services providing students pre-nursing tasks and assisting with medical consultations.

Alena is also an active volunteer participating over the years and at various levels in the Student Nurses Association, the Peace Garden, the IL Sustainable Living & Wellness Expo, the AH First United Methodist Church, Olympic Pool, Petsmart, PADS, and as an AH Junior Library Volunteer.

Her current extracurricular activities include: Cohesion Dance Company, Student Choreographed Dance concert, Continuity, a comedy troupe.

This scholarship will assist Alena with the cost of her education during her senior year. It will be interesting to see if graduate school or a job will be the next event on her schedule.