



September 2021

Greetings from Our President

Happy New Year! While we are not bringing out the bubbly or singing “Auld Lang Syne” with party hats, nor watching the Rose Bowl, we are beginning a new year (September 1st) on our Garden Club calendar. Just like our January 1st New Year, it is a time to turn the page and have a new beginning. In the name of our Arlington Heights Garden Club, I would like to welcome all of our new members (more than 33) who have joined us since the pandemic was declared and we began holding our General Meetings on Zoom. We are hoping your experience with the Arlington Heights Garden Club will be rewarding. To that end, I encourage you to get involved. Volunteering is a great way to make a difference and an opportunity to meet other members of the club. Please pick out at least one activity or project where you would like to help.

To help you discover your niche, our Board will be putting together a list of some activities, projects, jobs, responsibilities or opportunities, that can help you feel a part of this great organization and we will publish it in next month’s Newsletter. Unfortunately, we will not be meeting in person this month, but I look forward to getting to know all our new members as soon as we are able to gather together. Watch for the “Resolution List” next month which will give you the chance to make a New Year’s Resolution and get involved in some new way. As a former high school teacher, I heard many times, and told my students many times, “those who get involved and participate, are the most happy and successful people.” Happy Beginning of a New Garden Club Year!

Jim Spannagel

Sept 27th @ 7 PM
Zoom General Meeting

*The Tallgrass Prairie:
Illinois’ Original Garden*

See page 2 for more information on this meeting and program presentation.

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September Education Program

September 27th @ 7 PM

Val Solaski, Programs

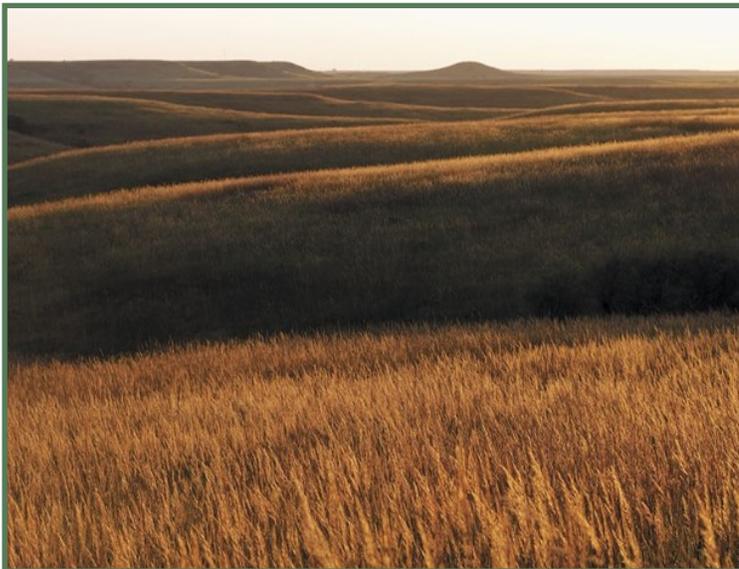
The Tallgrass Prairie: Illinois' Original Garden

Presented by Cindy Crosby

Cindy Crosby is an author, compiler or contributor to more than 20 books. Her most recent book is "Chasing Dragonflies: A Natural, Cultural, and Personal History." Cindy earned her master's degree in natural resources from the University of Wisconsin-Stevens Point. She is a Master Gardener, a steward for the Schulenberg Prairie at the Morton Arboretum and at Nachusa Grasslands, a Nature Conservancy site with bison in Franklin Grove, IL. When she's not out working in her garden, she speaks and teaches on natural history topics in the Chicago region. Cindy blogs each week at [Tuesdays in the Tallgrass](#), and you can find her classes and events on her [website](#).

Illinois' nickname is "The Prairie State." Listen to stories of the history of the tallgrass prairie and its amazing plants and creatures—from blooms to butterflies to bison. Discover plants that work well in the home garden as you enjoy learning about Illinois' "landscape of home."

NOTE: **This meeting will be held remotely on Zoom.** A Zoom meeting invite will be emailed out to all members and registered guests a few days prior to this meeting.



Note From One of Our Scholarship Recipients



September 2021
Dear Garden Club Members,
Thank you again for giving me this generous scholarship. It has helped me by an incredible amount, and for that I will always be grateful.
Sincerely,
Alexis Cpperman ☺

WINGS Project Update

Pete Landwehr

We recently completed Phase I of the WINGS project with two entry perennial gardens and a memorial redbud tree garden while also helping a Girl Scout develop a pollinator garden. We have now begun soil preparation for Phase II where we plan to plant the remaining south exposure perennial beds next spring – approximately 500 square feet.



Trip to Anderson Japanese Gardens

Join us on Wednesday October 6th @ 10:30 am at the [Anderson Japanese Gardens](#) in Rockford, IL.

We will all meet at the Anderson Japanese Gardens at 10:30 am. The garden is about an hour drive (64 mi) from Arlington Heights. We will tour the gardens and witness a Fall Spectacular. There is a restaurant on site for lunch and reflection. Admission fee is \$11 for adults, \$10 for seniors (age 62+)

Fill your car with friends and join the fun as we welcome in Fall. Questions, please email [Shelley](#) or call Shelley at (847) 204-4929.

In case of rain, please contact Shelley for a rain date.

Help Wanted: Awards Co-Chair

Kathy Hendricksen

Each year our Garden Club applies for various awards from the Garden Clubs of Illinois and District IX. It is up to the awards chair to select the awards we apply for. We generally have applied for about 6 awards that fit a project our club is already working on. The Awards Chair involves answering a few questions on the award application after conferring with our club members who worked on the project, and collecting any photos taken from the project. I have done this the last few years and would love to have someone work with me this fall to submit the awards via e-mail by November 1st to see if it is something they would be willing to take over next year. For more information on these awards [click here](#).

Please contact Kathy Hendricksen at kshend@aol.com or 847-514-0414 if you have an interest in assisting or would like to learn more about this volunteer position.



Helen Dawley's 92nd birthday, June 18th

Our Summer Gardens



Eileen Owens



Sheila & Lew Coffin's backyard



Kathy Wolan



Diane Culhane



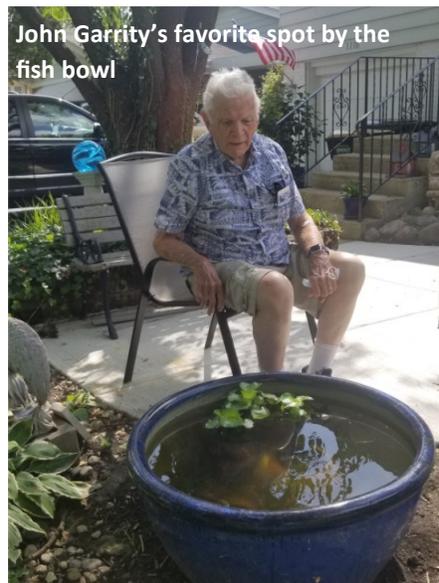
Renie Norkiewicz



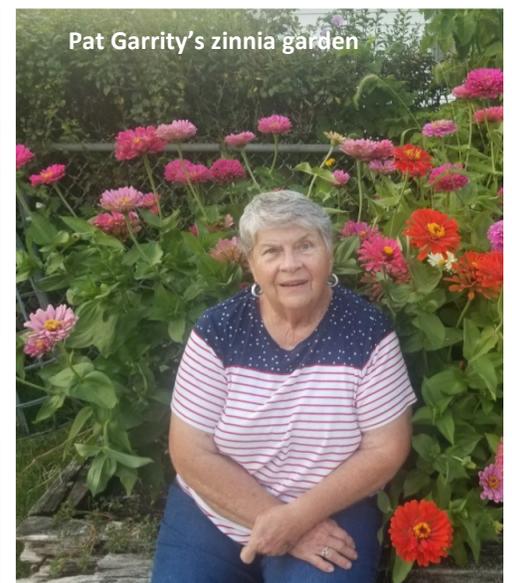
Halina Zbilski



Claudia McGrath



John Garrity's favorite spot by the fish bowl



Pat Garrity's zinnia garden

More Summer Gardens



Mary Jo Gotham



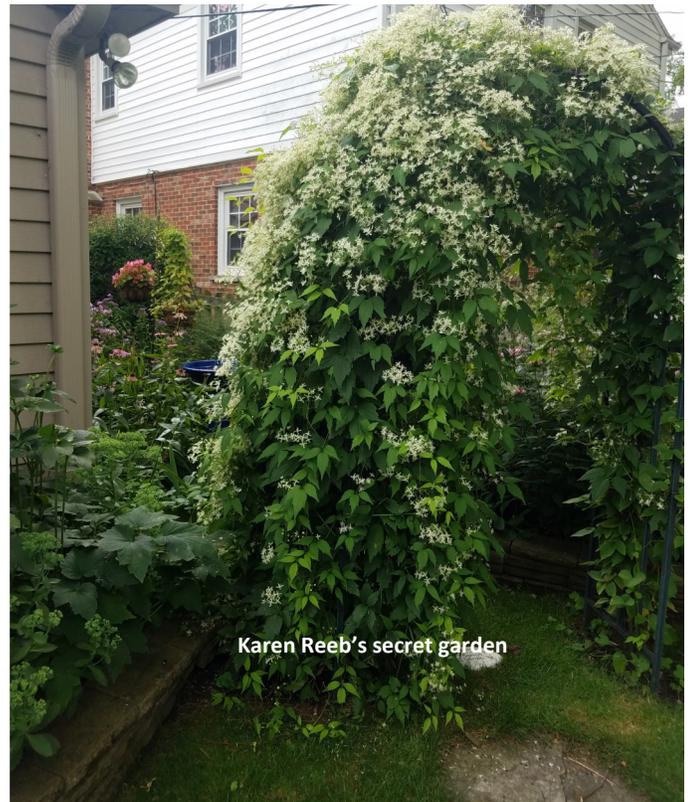
Jim Spannagel



June Miller



Schweickher House peony gardening: Bev Krams, Debbie Boraes, and Denise Suender



Karen Reeb's secret garden



Summer Picnic

Marilyn and Joe Weber, Hospitality

The Garden Club's Summer picnic on Monday, August 23, was a great success! We gathered in late afternoon on the lawn area of the Historical Museum. Sixty-five members attended. Many new members joined with long-time members for a few hours of conversation, appetizers, side-dishes, fried chicken, and desserts. We received rave reviews on the Mariano's fried chicken, and the many dishes our members brought to share. Our thanks to all members who made this end of summer gathering possible.



Post Office Civics Project

Jesse and Rachel Olson and friend Dan on their way to water at the Post Office. Jesse and Rachel are new club members.



Keeping Your Trees Happy

Bev Krams would like to remind all of us that changes in climate patterns are affecting our trees. We are still in drought conditions! When trees do not receive enough water they do not create new growth and are targets for tree diseases and insect infestation. **WATER YOUR TREES!**



Signs of a Serious Gardener

- You hesitate when your spouse says there's not enough room in the house for both her/him and the houseplants.
- Your houseguests are afraid to stay in the guest bedroom because the philodendron looks hungry.
- In your will it states your final resting place will be a companion planting with your spouse in the garden.
- You insist on saving all 225 tomato seedlings even though you only need 6.
- Your hands have furrows deep enough to plant bean seeds.

Gardening Knowledge

Bev Krams, Horticulture

UPCOMING EDUCATIONAL OPPORTUNITIES

Arlington Heights Memorial Library Events

9/25 Flower Pressing
9/26 Produce Swap
9/30 Natural Dyeing Workshop
10/3 Ethical Foraging and Preparation
10/7 Making Garden Teas
10/21 Braiding Sweetgrass, Author Robin Wall Kimmerer

Click [here](#) to register for an of any of these events

Barrington Library

9/26 the Shedd Aquarium: Authoring Chicago's Water Story (\$20 admission)
Click [here](#) to register for this event

Chicago Botanic Garden Classes

Click [here](#) the view the calendar of events

Forest Preserve of Cook County (FPCC)

9/30 Be a Better Birder: Introduction to Bird ID | Click [here](#) to register for this event
10/20 Evolution of Organized Chaos: Prescribed Fire & the FPCC | Click [here](#) to register

Crab Tree Nature Center

9/26 Fall Wildflower Walk | Click [here](#) to register

Morton Arboretum

Click [here](#) to view activities

Prospect Heights Public Library

9/23 and 9/27 Effects of Invasive Buckthorn on Amphibian Survival. Click [here](#) to register

Rolling Meadows Library

9/30 Coal Swamps, Coral Reefs and Continental Glaciers. Click [here](#) to register

Salt Creek Park District

10/1 @ 9:00am-2:30pm Apple and Raspberry Picking outing to Stades Farm and Market in McHenry.
Fee is \$25NR/\$22R and includes transportation, apples and raspberries. Lunch is on your own.
Click [here](#) to register

Chalet Weekly Garden Coach Webinar

Every Thursday in September from 10-11am. Jennifer Brennen will address your gardening questions.
Click [here](#) to register

Armyworms: They are NOT really worms!

Bev Krams, Horticulture

First it's emerald ash borer, then jumping worms, now ARMY WORMS....what's going on?

The entomologists at the University of Illinois are reporting the eastern U.S. seeing large populations of fall armyworms (*Spodoptera frugiperda*) earlier and in higher numbers. Despite their name these armyworms are really 1 3/4" caterpillars and get their name from their behavior. They are found 'marching' across fields in an army like fashion. They feed in groups moving through an area of corn, soybeans, vegetables, trees, shrubs and certain turf grasses (fescues, Kentucky blue and Bermuda) and gardens. They will literally consume one area and move on to the next! Areas appear brown or burned out but this can be confused with drought damage. Horticulture educator Kelly Allsup suggests homeowners can use 1 TBS dish soap/gallon water and pour over a square foot of grass if armyworms are suspected. They will crawl to the surface in seconds. Even 2-3 caterpillars/worms can create a great deal of damage.



Each year female adult moths fly up from warm areas of Texas, Florida, central American and the West Indies and can deposit up to 2000 eggs with four to five generation each year. They experience 1-2 generations in Illinois but are unable to overwinter here.

To make matters worse we do not want to confuse the fall armyworms with armyworms (*Mythimna unipuncta*), common armyworms (*Mythimna convecta*) and yellow striped army worms (*Spodoptera ornithogalli*). How can you identify this culprit? They can be distinguished by the Y shaped marking that runs down their head, between their eyes and there is an orange strip that will run along each side of the true armyworm.

The University does recommend Biological treatments such as Bt products (Condor) or spinosad (Conserve) for control. Chemical controls for fall armyworm include neonicotinoids; however if this is chosen one should avoid application to flowering plants to prevent pollinator exposure.

Resources:

[University of Illinois: Home, Yard and Garden Pest Newsletter](#)

[University of Illinois: Department of Crop Sciences](#)

[Effingham Daily News: Armyworms march into Illinois' fields, lawns gardens](#)



Book Recommendation from One of Our Members

Bev Krams, Horticulture

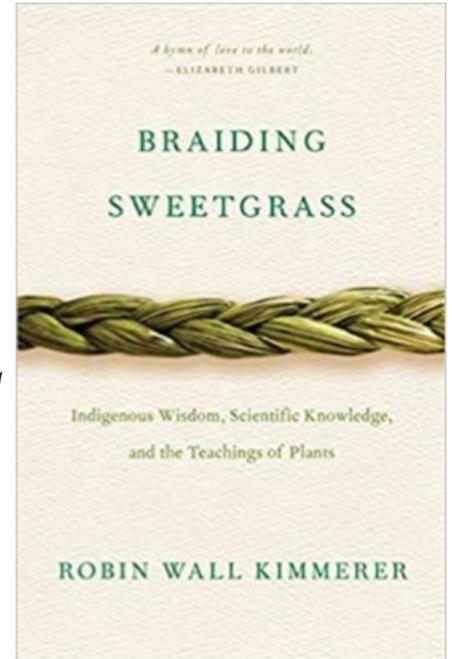
Juli Cicarelli, one of our garden club members, highly recommends that we all read this book!

Author: Robin Wall Kimmerer

Title: Braiding Sweetgrass: Indigenous wisdom, Scientific Knowledge and the Teaching of Plants

Robin Wall Kimmerer is a mother, scientist, decorated professor, and enrolled member of the Citizen Potawatomi Nation. She is the author of Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teaching of Plants and Gathering Moss: A Natural and Cultural History of Mosses. She lives in Syracuse, New York, where she is a SUNY Distinguished Teaching Professor of Environmental Biology, and the founder and director of the Center for Native Peoples and the Environment.

Author Robin Wall Kimmerer states “most people don’t really see plants or understand plants or what they give us.” Her philosophy is plants and animals are our oldest teachers. She offers us lessons on how other living things such as asters, strawberries, algae and sweetgrass provide us gifts we have forgotten to appreciate. So, if you want to reconnect with your living garden, your environment and the rest of the world --- be sure to read this book. You can pick up this book from the [AHML the ‘One Book One Village 2021’ selection for this year.](#)



You can also [register](#) for Robin’s lecture through the library. The lecture will be held on Zoom Thursday October 21, 7-8:30pm in addition to a book discussion being held Wednesday September 29, 1:30 at the Senior Center. Copies of the book or audiobook are available at the AHML.



Make a Scarecrow at the Elk Grove Village Farmers Market

The Elk Grove Village Garden Club is having their annual "Build-a-Scarecrow" workshop at the Farmers Market - Clock Tower. \$7 per scarecrow. Proceeds go to a charity.

Date: 10/02/2021 8:00 AM - 1:00 PM

Where: Elk Grove Village Farmers Market
Charles J. Zettek Municipal Building
901 Wellington Avenue
Elk Grove Village, Illinois 60007

Book Review

The Tallgrass Prairie: an Introduction

by Cindy Crosby

Bev Krams | Horticulture Chair

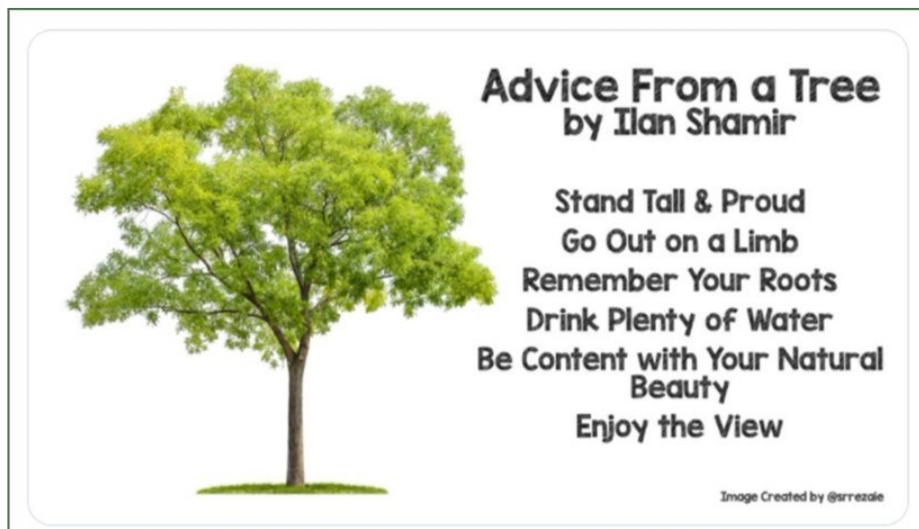
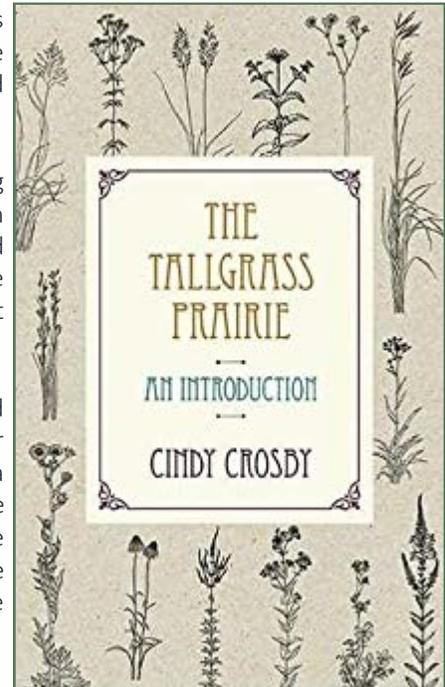
Our speaker this month, Cindy Crosby, is an author, compiler, or contributor to more than 20 books. The Arlington Heights Memorial Library has one copy of this book. [The Tallgrass Prairie: An Introduction](#) (2017) is a great introduction to prairies and it will be just like taking a walk with Cindy through the tall grass!

Cindy's initial description of the prairie will lead you past the 'weeds' and provide you with an instant lesson on the people of the prairie, the treasures you can find there and the names of the many distinguished inhabitants. She will instantly acquaint you with the native plants you will be discovering and help you with tips on mastering their Latin names.

One way you will be able to appreciate the natives is by her unique teaching method of using the five senses to discover each plant. Touch, taste (when appropriate) smell, look and listen throughout the four seasons to explore and experience the prairie. She continues to offer tips for staying comfortable while out in the prairie. Bring your journaling notebook as she offers the best suggestions for documenting your experiences.

The Tallgrass Prairie book is a great introduction to the astonishing beauty and biodiversity of these iconic American spaces. She tells stories about our ancestors adopting the prairie as a grocery store, a pharmacy, and even as a shop for love potions. Cindy continues to offer ways to incorporate native prairie plants into your home landscapes in addition to how NOT to upset the neighbors with your so called "weeds" (native plants)!!!. Now you will be able to educate those neighbors on our American ecosystem and richness of native plants!

She is always encouraging you to take responsibility of this precious prairie land, as it is there to "restore our human spirit and nourish our souls." After you have finished [The Tallgrass Prairie](#) make sure you pick up her most recent writing [Chasing Dragonflies: A Natural, Cultural, and Personal History](#), just published in June 2020.



To All Our Volunteers—Thank you!

Thank you to all the volunteers that helped this summer on events, gardening projects and fundraisers. We could never do all that we do without your help. Thank you to everyone that volunteered for:

- Post Office gardening
- Historical Museum gardening
- Senior Center gardening
- Forest View Academy
- WINGS
- Christian Liberty Academy gardening
- Farmers Market greeters
- Garden Walk and Unique Boutique
- Plant Sale
- Lake Arlington Butterfly Garden
- Helping with the summer picnic
- (Other volunteer projects that I forgot to list)



Pete and Connie's 50th Wedding Anniversary July 17th

Board of Directors

President	Jim Spannagel
Secretary	Nancy Asquini-Dean
Treasurer	Pete Landwehr

Committee Chairs

Artistic	Barb Franks
Civics	Mike Relaz
	Dee Schurman
Conservation	Daniella Sents
	Christina Preston
Garden Walk	Kathy Hendricksen
	Aileen Koeppen
Horticulture	Bev Krams
Hospitality	Marilyn Weber
	Joe Weber
Membership	Renie Norkiewicz
	Shelley Plischke
Newsletter	Mona Frisbie
Plant Sale	Bob Bruett
Programs	Val Solaski
Publicity	Lesley Jackson
	Connie Landwehr
Scholarship	Mike Dennehey
Website	Denise Nowak



One of Carol Elliot's summer guests.

FUN FACT

Carol raised 49 monarchs and Kathy Wolan raised around 90 monarch butterflies this year.

September

Summer's frivolous noise has quieted down and the earth's secrets are murmuring all around you.

Listen carefully in September.
The fields rustle with wildflowers gone to seed.
The garden groans with ripening squashes.

The trees lament their departing leaves.
Revisit places you thought you knew.
They have something to teach you.
It is time to become a student again.

--Anonymous

Treasurer's Report

Pete Landwehr, Treasurer

ARLINGTON HEIGHTS GARDEN CLUB TREASURER'S REPORT AUGUST, 2021

<u>Checking Account Balance 7/31/21</u>	<u>Stmt Date</u>	\$ 19,132.52	
<u>Receipts:</u>			
3 membership dues	8/24/21	75.00	Cicarelli, Mueller & Elondro
Total		75.00	
<u>Disbursements (cleared):</u>			
	<u>Check #</u>	<u>Ck Date</u>	
Dom Cheske	1425	8/18/21	50.00 UB vendor refund
Barb Franks	1438	7/15/21	32.34 GW postmortem food
Lola's Pizza	1439	7/15/21	100.00 UB food vendor payment
GCI	1441	7/27/21	31.00 8 new members
Renie Norkiewicz	1443	8/23/21	7.69 name badges
Joe Weber	1445	8/30/21	264.65 picnic
Total		485.68	
Checking Account Balance 8/31/21		\$ 18,721.84	
Savings Account Balance 3/31/21		-	
Interest Income @ 0.02%			
Transfer to checking			
Savings Account Balance 4/30/21		\$ -	Closed 3/1/21
CASH IN BANK 8/31/21		\$ 18,721.84	
Receipts to be deposited			
Total undeposited receipts		\$ -	
Open invoices and checks written but not cashed			
	<u>Check #</u>	<u>Ck Date</u>	
GCI	1444	8/23/21	19.00 new members
Jim Spannagel	1446	8/30/21	113.76 Zoom renewal
Total outstanding checks and invoices		\$ 132.76	
ADJUSTED CASH POSITION 8/31/21		\$ 18,589.08	

AHGC Board Meeting Notes

Nancy Asquini Dean, Recording Secretary

AHGC Board Meeting | September 13, 2021 7:00 PM

President, Jim Spannagel - Welcome and opening of in-person meeting. Jim asked for Board approval of Dee Schurman as Civics Co-chair to allow her to vote on Board issues. Board approved.

The June secretary's board minutes and August treasurer's report were approved.

Treasurer-September 29th is date set to hold meeting to decide disbursement of Garden Walk and Plant Sale funds. Seven Board members are available for this meeting. Budget draft for 2021-2022 was distributed to Board members for review and finalization.

Artistic – Barb Franks reminded us of need for someone to take charge of the Holiday Trees. She is checking on the possibility of having a holiday craft workshop this fall.

Civics – Mike Relaz and Dee Schurman Thanks again to all those volunteers who helped with the summer gardening projects-Senior Center, Arlington Heights Post Office, Historical Museum, Forest View Academy, WINGS and Christian Liberty Academy. WINGS Phase II is starting preparation this fall for spring planting on building south side.

Garden Walk and Unique Boutique – Kathy stated what a great success it was this year.

Membership – Decision made that members keep name badges in their possession rather than distribute at meeting. Tally shows most popular Zoom meetings were those done with AHML.

Horticulture – Bev submitted article to newsletter and members summer garden photos.

Programs – September program is "The Tallgrass Prairie: Illinois' Original Garden by Cindy Crosby. It will be a Zoom meeting. May program "Growing Edibles in Containers" with Lisa Hilgenberg of Chicago Botanic Garden had technical difficulties so trying to reschedule this for next year.

Plant Sale - Suggestion made that we have this in May instead of June since Farmers Market started in May this year and we like to hold sale when they are open.

Scholarship - Mike D. is giving Connie articles on two winners for submission to the Herald newspaper.

Old/New Business – Still seeking Vice President and by-laws meeting to be held to define the job description for this position. Is there a photographer in our Club who would like to help when photos are needed?