



February 2022

Greetings from Our President

You probably have noticed that we ask a great deal of our membership and it feels like there is no end to all the ways our members are asked to pitch in and help. Well, now we are going to ask for something more. Yes, it is your very life's blood! Lew Coffin and his committee are organizing the *Nancy Asquini-Dean Blood Drive* and we would like to invite you, your spouse, your family members and your friends to consider being donors. We do not have a date as of this writing, but we will communicate the date to everyone as soon as it is finalized. In my experience when there is an important, big job to do —gardeners join together and do what it takes to make it happen. On page 14 of this newsletter Lew Coffin, the Blood Drive Coordinator, provides an update on the Blood Drive. A big thank-you to Lew for all his hard work to make this a successful blood drive.

This time of year we are beginning to reach out to individuals to fill openings on our Board and Committee Chairs. Several members will be stepping down to provide others an opportunity to use your talents and serve your club and your community. Please stop and seriously consider the possibility of helping out if you are asked.

Yes, there is almost a foot of ice and snow covering the gardens outdoors, but it is a perfect time to be thinking about our annual plant sale. What are the plants you can donate? Perhaps you might need a little assistance in digging up your plants. Or, do you know a friend or neighbor who has a wonderful selection of plants that need to be divided? Please check with them and let Bob Bruett know if your neighbors are willing to donate their extra plants for our annual plant sale in June. Activities run smoothly when we all pull together. As I mentioned above, we do ask a lot of you.

Jim

February 28th Meeting

Due to ongoing concerns regarding Covid, the February 28th meeting will be virtual on Zoom. A meeting invite will be emailed to all members and guests the week before the meeting.

The speaker will be Eva Hyndman presenting "Simple Steps to Sowing Seeds."

See page 2 for more information.

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February Program

February 28th @ 7 PM (Zoom Presentation)

Val Solaski | Programs

Simple Steps to Sowing Seeds ... Get Started on Your Garden!

Presented by Eva Hyndman



Eva is a graduate of the Regenstein School of the Chicago Botanic Gardens and has been a guest speaker at a number of garden clubs. She has been the Horticulturist at Friendship Park for the Mt. Prospect Park District and is currently the Landscape Designer for her own company, Gardens of Eva LLC, in Prospect Heights.

Starting plants from seeds is not as hard as you may think. Growing plants all the way from seed to maturity is one of gardening's most rewarding endeavors. Spend some time with Eva Hyndman to find out the tips and tricks to making your seedlings a SUCCESS! You can DO THIS!

A Zoom invite will be emailed to all our members and guests prior to the meeting.

Happy Birthday and Best Wishes!

Debbie Boraes
Beth Ligenza
June Miller
Josephine Perez
Karen Reeb
Sue Taflinger
Emma Vissee
Halina Zbilski



University of Illinois Extension
in North Cook County

**Have a plant question?
Ask a Master Gardener!**

We are here to help you with your gardening questions!

How to Reach Us

Email : NorthCookMG@gmail.com

Before you contact us, please be prepared!
Please provide as much detail as possible.

This might include;

- Site conditions (sun, drainage, soil)
- Describe the issue
- Include pictures (if applicable)

We are here to help YOU learn to grow!

Learn about us: Go.Illinois.Edu/LearnMoreMG

 [NorthCookMasterGardeners](https://www.facebook.com/NorthCookMasterGardeners)  [illinoismastergardeners](https://www.instagram.com/illinoismastergardeners)

The University of Illinois | U.S. Department of Agriculture | Local Extension Councils Cooperating
University of Illinois Extension provides equal opportunities in programs and employment.





Did you know

You are a Member of the National Garden Clubs



National Garden Clubs
OFFICIAL WEBSITE

As a member of the AHGC you receive a free membership to the [National Garden Clubs](#) (NGC) as one of your benefits. The NGC provides a wealth of information on their website. Under "member resources" you will find a Library, Zoom Events, Publications, Videos, Issues of the National Gardener, Landscape Design Newsletter (Newscape), a Blog and other excellent content.

Bev Krams would like to point out that the [Winter 2022 issue of the National Gardener Publication](#) is "59 pages" filled with Gardening knowledge. You should definitely take advantage of this benefit. On page 58 of the Winter 2022 issue, the NGC lists some virtual tech workshops you can sign up for.

Chicago Botanic Garden Discount Pricing

The Chicago Botanic Garden is implementing [plan-ahead pricing](#) beginning in February 2022. This allows you to get the best deal on your per-person admission when you buy tickets in advance. With plan-ahead pricing, you can choose the optimal fit for your budget and schedule.



3-Month Membership Special

The Arlington Heights Garden Club is providing an opportunity for our members to invite their friends and neighbors to experience the benefits of being a member of our club. The AHGC is offering a 3-MONTH COMPLIMENTARY TRIAL for the AHGC Newsletter and the General Meeting Programs for March, April & May of 2022.

- AHGC Newsletter filled with educational offerings, horticulture advice and club updates
- Educational General Meeting Programs
 - ◆ March 28th – 7 PM – "Creative Screening: Beyond Arborvitae" by Heather Prince
 - ◆ April 25th – 7 PM – "Don't Trim It There! Tree & Shrub Picking, Planting, Pruning" by Davey Tree Expert Company
 - ◆ May 23rd – 7 PM – "Foraging for Wild Edibles" by David Brooks

To sign-up for this 3-month trial, [REGISTER on our website](#) and click on "3-Month Complimentary Trial." Fill in name & email and submit. Participants will receive an email with the AHGC newsletter and General Meeting Information before the 4th Monday of the month.

A flier for the Membership Trial is also available for posting or as a handout to friends and neighbors. Please send an email to [Renie](#) to request a copy of the flier.

[Renie Norkiewicz](#) | AHGC Membership Co-chair

Nature Speaks: David Schwaegler - "Lake in the Hills Fen"

June Miller | Conservation



David Schwaegler has been a volunteer at Lake in the Hills Fen since the late eighties, before it achieved Illinois Nature Preserve status. His numerous roles include bird monitoring, butterfly monitoring, conducting plants inventories, phenology studies, tour guide, Steward, and a world class photographer.

Boasting 9 distinct native communities, his Lake in the Hills Fen presentation will unravel and expose the unparalleled beauty and complexity of this most magnificent and best kept secret in Illinois.

This is a Zoom Presentation free of charge but you must [register](#). The Prospect Heights Library will send you a link to the presentation.

April 21st, 2022 @ 7:00 - 8:30pm. Click [here](#) for more information



Village Recycling Program

If you are still hanging on to your broken or unwanted holiday lights, both the Health Department (AH Village Hall) and AH Public Works (222 N. Ridge Rd) are accepting these items as a great environmentally safe way of disposal.

This is ongoing now (Monday through Friday) until **Friday, February 25th**

7:30 a.m. to 3:00 p.m. Public Works

8:00 a.m. to 5:00 p.m. Health Department (box in lobby on first floor)

Book Review

The Overstory by Richard Powers

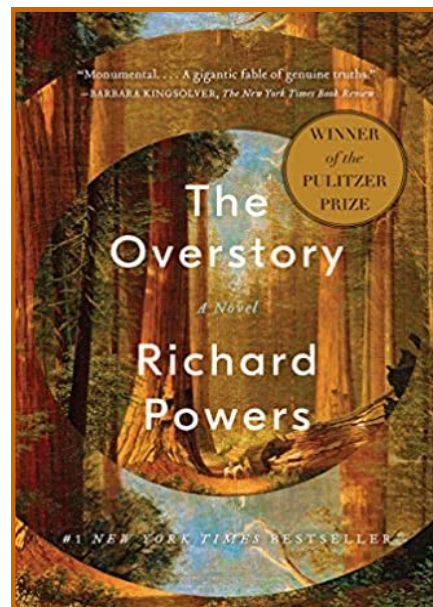
Bev Krams | Horticulture

This is Richard Powers's 12th novel. It is a Pulitzer Prize winner in fiction and he is a former computer programmer and English major from the University of Illinois!

Powers will introduce you to nine main characters. All but one becomes a 'forest' activist embracing the concept that forests MUST be preserved or nature will have its revenge on mankind. There are surprising connections among all the characters as they fight to defend trees. Along the way you will encounter amazing facts about those stately creatures. Those forest trees are continually communicating in a 'chemical' language transmitted from root to root. Discover this communication technique, how they protect themselves, how they protect each other and even after they have died they add to the richness of the forest floor.

Powers wants you to see the value of our planet enough, to stop 'trashing' it. He does this by focusing on the destruction of our environment. His stories will bring you into the role large institutions play in this destruction. Most importantly he will direct the reader to their role as responsible citizens.

Is THE OVERSTORY a hard book to read? It was for me. It is complicated and researched so thoroughly you will believe it is a scientific data journal. The plots are THICK. There were lots of words I had to look up! Are you up for a CHALLENGE? The Arlington Heights Memorial Library has a number of copies.



February To-Do List

GENERAL GARDEN CARE

- Order seed, bulb, and nursery catalogs to assist in planning your garden for the upcoming year.
- Continue to check plants for signs of damage from weather or animals.
- Use potassium or calcium based de-icing products on walkways rather than sodium-based products. Consider using sand on slippery surfaces.
- Repair and paint garden tools and lawn furniture for spring.

TREES AND SHRUBS

- Mild weather might cause some buds on flowering shrubs to bloom prematurely. These buds will not rebloom in spring.
- Continue to cut branches for forcing indoors.
- Heavy pruning of large woody shrubs can be done this month.
- In unseasonably warm/dry winter plants will be stressed. Water evergreens, conifers as needed.
- If tree branches become covered with ice, just let the ice melt rather than risk breaking the branches. Gently sweep snow with a soft broom from large evergreens.

INDOOR GARDEN

- Houseplants might show signs of stress caused by light deprivation, overwatering, inadequate humidity and overheated indoor air. Stressed plants also are more prone to develop insect and disease problems.....monitor.
- Consider starting seeds indoors. Be sure to attend our Feb 28th program, "Simple Steps to Sowing Seeds" (see page 2).
- Keep those fresh flower fresh by holding each stem under lukewarm water, remove one inch at an angled cut.

NOTE: Best time to do a [soil test](#) is February thru April

Garfield Park Conservatory Video

Bev Krams | Master Gardener

Join Forest Therapy Guide and University of Illinois Extension Master Naturalist/Master Gardener, Navraaz Kaur Basati, on a virtual sensory journey through the Garfield Park Conservatory.

Click [here](#) to enjoy this 20-minute video of Garfield Park.



Garden Walk & Unique Boutique Update

The Garden Walk & Unique Boutique planning committee has been busy organizing this year's event scheduled for Sunday, June 26th. Our featured gardens include four residential gardens, Luther Village and a bonus of viewing the butterfly garden at the Arlington Heights Library.

Denise Nowak has been busy working on updating our web site to accommodate ticket sales for the Garden Walk, Unique Boutique vendor applications and our sponsor form which now includes taking credit card payments. An email campaign from our website generated 5 vendors to sign up in the first day! If you are aware of a crafter that might be interested in renting a booth at our Unique Boutique, please let [Barb Franks](#) know (or direct them to the [vendor application](#)).

We plan to launch an email campaign in February for any businesses we have emails for. We will also print letters in March to solicit donations for sponsorship, advertising or raffle prizes. If you have any personal connections with businesses to help us secure donations, please let us know or direct them to our sponsor [webpage](#).

If you have any summer/fall sporting event or subscription tickets to donate, please let [Pat Dennehey](#) know. Your tickets would make a popular prize. Pat is also accepting any extra baskets and new or like new items to use as raffle fillers which could be dropped off at her house. We'd like some volunteers to help stuff letters at Kathy's house on March 26th at 10:00 a.m. followed with lunch. Click [here](#) to signup to help with this task.

Connie Landwehr and Lesley Jackson will be publicizing the Plant Sale and Garden Walk & Unique Boutique, so watch for an upcoming ad in Garden Glories and other postings as the event gets closer. Included in this newsletter is a full-page flier on the plant sale and garden walk that you can pass along to friends and neighbors.

We appreciate everyone's participation to make our largest fundraiser a success. We have a Google Docs [volunteer signup sheet](#) so you can indicate which volunteer job you prefer. We really need all members to pitch in and volunteer for one of the many jobs to make this event a success.

Garden Walk & Unique Boutique Co-Chairs

[Kathy Hendricksen](#)
(847) 514-0414

[Aileen Koeppen](#)
(847) 302-9051



5+ Inspiring
Gardens!

Garden Walk 2022

& Unique Boutique

Sunday, June 26

10am-4pm

Garden Walk

\$15 at ahgardenclub.com

\$20 on June 26 at AH Historical Museum

Unique Boutique

Free on the museum grounds

Booths with arts, crafts, products & plants, Master Gardeners,
Ask the Arborist, Arlington Heights Memorial Library,
Raffle with GREAT Prizes & Live Music

Plant Sale

Sat. June 4, 8:00 am – 12:30 pm

Perennials, Annuals & Native Plants from Members' Gardens

*Arlington Heights Historical Museum
110 W. Fremont, Arlington Heights*

All proceeds benefit scholarship, conservation & programs.

Winter Maintenance and Pruning

Pete Landwehr | Master Gardener

The weather outside is frightful and this is no time to think about gardening - right? Actually, this is a great time. There are no outside chores to beckon so sitting by the fire with a note pad makes great sense. Hopefully you keep a garden journal throughout the year and review it before planning next season's garden. Review what went well, what didn't and what changes you wanted to make. Then, when the garden catalogues and magazines arrive in your mailbox, you can develop a plan rather than looking through them and thinking - I want that and that ... and oh some of those too. Once you get those new plants, you have to decide where to put them - if you even have space. It is better to determine a need and a site before doing any shopping.

When it is icy, we tend to put down lots of salt or de-ice to make the walkways safe. But consider what that salt does to your landscape plants. Over the years, salt can build up in the soil and make it impossible for anything useful to grow. Look for a non-salt de-icer that is more eco friendly. Also, don't shovel snow onto shrubs, especially evergreens, as it may break branches or deform the plant. Throw the snow and de-icer out farther into the yard. The grass can handle it better than the flowers and shrubs.

Mulch is something we put down in the garden beds to suppress weeds and retain moisture. But in the winter time, it also serves a purpose. It is not meant to prevent the ground from freezing - rather it is meant to keep it frozen. Freezing and thawing cycles can heave plants out of the ground where they are more susceptible to winter damage. If you see missing mulch, you should rake it back in place to provide protection until spring. You can also use evergreen boughs from winter decorations as mulch. Just place them on the ground where you need mulch. Air and water pass through but it provides insulation to the soil. Also look for deer, rabbit or vole damage to plants. When food is scarce, they are prone to eating branches and bark which can injure or kill plants. Sharp, clean cuts close to the ground suggest rabbit damage while deer rip and shred branches higher up. Bark damage at the base suggests voles. The best method of protection is to keep them out with fencing. Keep mulch pulled away from the trunk so voles don't have a place to hide while eating the bark.

It is probably too cold to do much pruning now, but as the weather moderates, you can do some selective pruning. It is easier on the plant to prune when it is dormant, the sap is not flowing and diseases are not an issue. And it is easier to see the structure of a plant without the leaves. However, if it is a spring blooming plant (think forsythia, lilac, rhododendron, azalea, spirea, magnolia, or flowering specimen trees) - **DON'T PRUNE IT UNTIL AFTER FLOWERING IN THE SPRING.** You will be cutting off this season's flowers. They form new flower buds starting a few weeks after blooming.

However, for non-blooming or later blooming trees and shrubs, a mild late winter day is a great time to prune. If a shrub is blooming less lately, it may need to have the oldest, woodiest stems pruned out near the ground. This will promote fresh new growth in the spring which will become the next blooming branches. But take no more than 1/3 of the stems off in a season to avoid shocking the plant.

One final thought - get your lawn mower in for servicing now and beat the spring rush.

Save Our Monarchs

Sheila Coffin | Conservation Committee

This month the Conservation Committee is highlighting the incredible work of the grassroots organization **Save Our Monarchs**. This non-profit group, founded in 2014, is dedicated to saving the embattled monarch butterflies.

The organization is made up of gardeners who believe in getting dirt under their nails and planting milkweed seeds. Milkweed is monarch butterflies only source of sustenance. The **Save Our Monarchs** mission is to help the monarch butterflies rebuild their habitat and give them the food they need to survive. The organization distributes common milkweed seeds (*Asclepius syriaca*) to anyone who wants to join in this mission.

You may ask, why distribute milkweed seeds? Monarch butterflies only eat milkweed and in fact, are known as the milkweed butterflies. Milkweed plants have been rapidly disappearing due to loss of habitat and the widespread spraying of weed killer on the fields where they live.

As a perennial, milkweed returns each year weathering harsh winter conditions. There are many varieties of milkweed some which thrive in full sun, in humid conditions and even in dry conditions. When the milkweed plant is large enough for caterpillars to eat, a single monarch caterpillar will devour about 20 leaves so be sure to plant an abundance of milkweed! When the monarch becomes a butterfly, it develops a more varied diet and begins to extract the nectar, initially from milkweed plants, but then extracts nectar from a variety of other plants. The SOM website includes a list of plants that you can add to your own garden to attract butterflies and create a pollinator garden. Our Garden Club has helped to create Butterfly Gardens at the Arlington Heights Memorial Library and at Lake Arlington. As spring approaches, look at these gardens for inspiration as you begin your own garden.

There is a myriad of ways to connect with **Save Our Monarchs**. These include seed donations for those gardeners with extra seeds, inviting schools, scout troops and 4-H clubs to become involved in creating a pollinator garden, and participating in a pollinator program for seniors in nursing residences, senior living centers, and hospitals. There is even an annual Save Our Monarchs photo contest on the Save Our Monarchs Facebook site. In the state of Illinois, Save Our Monarchs partners with the Garden Clubs of Illinois and the Illinois Department of Transportation to support native pollinator forb seedlings, of which milkweed is one, on disturbed roadsides.

As a 501 (3) (c) non-profit organization, funding for Save Our Monarchs is through generous donations by individuals and corporations. Their 2022 goal is for schools, scout troops and other organizations to plant over 25,000 Pollinator Gardens across the United States. They will supply any organization with a starter seed packet!

If you are interested in knowing more about monarch migration, starting milkweed seeds indoors, or planning a pollinator garden, visit the [Save Our Monarchs](https://www.saveourmonarchs.org) website.

For further information on **Save Our Monarchs** contact:
Save Our Monarchs Foundation
P.O. Box 390135
Minneapolis, MN 55439
Ward@SaveOurMonarchs.org



Gardening Knowledge

Bev Krams | Horticulture



UPCOMING EDUCATIONAL OPPORTUNITIES

(Page 1 of 2)

HUMAN+NATURE EXHIBIT | Morton Arboretum

Runs through March 2023

Take a stroll to see artist Daniel Popper's creation of five 15- to 26-foot-tall sculptures connecting people and trees. Free with Admission. Click [here](#) for more information.

THE ORCHID SHOW: UNTAMED | Chicago Botanic Garden

2/12 -3/27 Register/Fee

Click [here](#) for more information.

DAHLIAS: PROVEN PERFORMERS | Melinda Meyers

2/23 @ 6:30pm

Free Zoom presentation

Click [here](#) to register

BE A BETTER BIRDER: INTRO TO BIRD ID | Forest Preserves of Cook County

2/24 @ 6pm

Zoom/Free/Click [here](#) to register

GROWING & USING MUSHROOMS | District 214 Community Education

2/24 @ 7-9pm Rolling Meadows HS \$19 Register

Click [here](#) to register

THE CARROT FAMILY: THE GOOD, THE BAD AND THE TOXIC! | Barrington Area Library

2/24 @ 7pm Virtual event /free

Click [here](#) to register

ADD A LITTLE PRAIRIE TO YOUR GARDEN | Citizens for Conservation

2/26 @ 10am-11:30am

Barrington Village Hall

Live & Webinar \$10/nonmember

Click [here](#) to register

SAP'S RISING! | River Trails Nature Center | Forest Preserves of Cook County

2/26 @ 10:30am and 1:30pm Free Hike

2/27 @ 10:30am and 1:30pm Free Hike

Click [here](#) for information

Gardening Knowledge

Bev Krams | Horticulture



UPCOMING EDUCATIONAL OPPORTUNITIES

(Page 2 of 2)

GROW A HEALING TEA GARDEN | District 214 Community Education

3/1 to 3/15 @ 7-9pm \$69 Prospect HS Register

Click [here](#) for information

FESTIVAL of the SUGAR MAPLES at Coral Woods in Marengo | McHenry County Conservation District

3/ 5,6,7, and 12, 13, 14 Free/Register

Click [here](#) for information

SHADE GARDENING WEBINAR | University of Illinois

3/8 @ 1:30pm Webinar/register/free

Click [here](#) to register

HOW TO PLAN YOUR RAIN GARDEN | Melinda Myers

3/9 @ 6:30pm CT Webinar/Free/Register

Click [here](#) to register

DESIGNING YOUR NATIVE PLANT GARDEN | Citizens for Conservation

3/12 @10-11:30am Barrington Village Hall

Live & Webinar \$10/nonmember

Click [here](#) for information

CLIMATE CHANGE: MYTHS, REALITY & LOCAL ACTION | Forest Preserves of Cook County

3/16 @ 12noon-1:30pm

Zoom/Free/register

Click [here](#) for information

MAPLE SYRUP FESTIVAL | River Trail Nature Center

3/20 @ 11-2pm Free

Click [here](#) for information

WILDFLOWER ID- | McHenry County Conservation District

3/23 @ 7-8pm

Online ZOOM/\$5 fee/Registration Code 7717

Click [here](#) for information

Member Profile

Lesley Jackson | Contributing Editor

The Member Profile is an opportunity to get to know some of our club members. Since our club has been meeting only on Zoom due to the pandemic, many of our new members have not had the opportunity to meet/get to know other members of the club. We are re-starting a "Member Profile" column that appeared years ago in our newsletters that regularly profiled club members. This month we are featuring a member that has been part of the club for many years, and a more recent member that joined in 2021.



Josephine Perez

When Josephine first moved to Arlington Heights 62 years ago, she knew nothing about plants – including house plants – as she had been raised in an apartment. In the beginning she planted three trees and left it at that. As her four children grew older, she decided it was time to invest in some plants.

Josephine confessed at that time she did not know the difference between an annual and a perennial so her friends recommended she join the local Garden Club.

She describes herself as a "wannabe artist" and enjoys working with people. After joining the AHGC she happily volunteered to be the AHGC Artistic Director and developed the Christmas Tree program at the Senior Center, and then the Village Hall. She also gave classes on how to make Christmas ornaments – and still has boxes of these ornaments stored in her house. One of her favorite garden club memories is when the Artistic Committee entered floats into the Frontier Days 4th of July parade, and won prizes for 3 consecutive years. Their last parade float entry was based on an Abraham Lincoln theme, with a Log Cabin built out of cardboard. They won first prize in their category!

She decided to plant hostas and ferns in her garden, as the trees she had originally planted years ago made her yard very shady. She also is a big fan of simple and easy gardening! She and her husband also planted 100 honeysuckle bushes to make a living fence only to discover these hedges needed a lot of pruning.

Josephine has always kept herself busy. When her children were young she was a 4H Leader and a Cub Scout Den Leader. Just a few years ago, she took an "Improv Class" at Harper College and performed on stage before a live audience. She was hilarious! Over the years she has made many good friends at the Garden Club and she admits she has learned a lot from other members.

Josephine has eight wonderful grandchildren and she just celebrated her 86th birthday! She is a Lifetime Honorary Member of the AHGC.



Holly Jansen

Holly was inspired to join our club last summer after attending the Garden Walk and she hopes to meet like-minded gardeners at our meetings. She has always been interested in plants, and helped her mother in the garden as a child.

Holly is a 20-year member of the Glenview Garden Club, serving on the board and producing their newsletter. She is also a 10-year volunteer at the Botanic Gardens, having worked in the vegetable and fruit garden for 6 years, before seeking a change. She is grateful for all that she learned in the process.

When she moved into her house 40 years ago, there was only grass in the garden. As her children grew, she decided to start planting, and started with a small vegetable garden. She now has several raised vegetable beds. She enjoys the creative part of gardening, the planning, and of course, watching it all grow.

She has taken many garden design classes at the Botanic Gardens, but hasn't as yet designed a garden. She prefers a more informal unplanned look to her garden.

Holly is interested in attracting birds to her garden, and has planted shrubs with berries to help feed them. She also loves Arborvitae.

She is very creative, and usually has many projects on the go. She designs and makes landscapes with pressed flowers.

Environmental News

June Miller | Conservation

What Toxins Are in Your Home?

As consumers, we make choices every day of what to buy, eat, wear, use, etc. Being an educated consumer helps connect the dots between the products that we buy and use and the impact they have on the health of our family, pets, and environment. Take time to evaluate the labels on products and let your fingers do the walking to links below to learn more to help guide your purchases and make changes where needed.

A good place to start or improve upon is reducing single-use plastics such as straws, stirrers, cups, cutlery, storage containers, film wrap, etc. and use washable – reusable items instead. Additionally, when you make a purchase look for products that are in little or no packaging – in bulk when it makes sense. Be sure to keep your reusable bags for groceries – large and small in the trunk of your vehicle, as well as reusable containers in your car for leftovers when you go out to dine.

Why is this important? One-time use products/packaging (wasted resources) are landfilled daily and when littered have become a global problem that negatively impacts wildlife, eco systems, and our food chain. Also, studies have found that many of the plastics that consumers encounter in daily life contain chemicals that are linked to a number of health-related problems.

It is also important to avoid exposure to known harmful chemicals in products and food to reduce hazards in your home which impacts the health of your family.

- Choose plastics wisely – and use them sparingly
- Switch to non-toxic cleaners and personal care products
- Eliminate processed food additives as much as possible by purchasing fresh, whole fruits, vegetables and meat from local sources.



Just Say No to Balloons & Other Plastics

Released balloons, including those falsely marketed as “biodegradable latex,” return to Earth as litter. They kill countless animals and cause dangerous power outages. Even balloons used indoors still end up out in nature, waterways, or in the landfill. They are also a waste of Helium, a finite resource critical for MRIs, car airbags, high-tech equipment, medical devices and aircraft. Balloons can travel thousands of miles, polluting the most remote and pristine places. Use other alternatives for celebrating. So from this year on, set out flowers or plants to decorate the table/area. Then plant them outside in your yard later—go native! Or, ribbon dancers, garden spinners and pinwheels can be reused or gifted to party guests. Use beeswax candles, place LED lights in mason jars or vases—create a whole light show! Fabric bunting, paper chains, flowers, origami, and garland can be stored and reused, or eventually recycled. Try to keep from using plastics of any kind, especially single-use items like plastic silverware, straws, bags, etc. Keep a reuse kit in your car, handy when you go shopping or run errands, with reusable bags, straws, water bottle, coffee cup, and utensils, etc.

Remember- **Reduce, Reuse, Recycle!**

Blood Drive Update

Lew Coffin | Blood Drive Coordinator

The response to the **Nancy Asquini-Dean Blood Drive** has been outstanding. We now have 32 confirmed donors and sign-ups are still coming in. Parishioners of Saint Simon's Episcopal Church and Lutheran Church of the Good Shepherd and members of the Prospect Heights Garden Club are joining the Arlington Heights Garden Club in this blood drive.

We will be rescheduling the donation event to a later date. [Vitalant](#) and all of the other blood collection agencies are fully booked due to the strong public response to the call for blood donations. This is very good news but does require our rescheduling.

If you have already registered, you'll receive an email update notifying you of a reschedule date. If you are eligible to donate and have not yet signed up, please consider donating. The need is great and the cause is worthy — one donation can save up to three lives!

The sign-up sheet along with the donor eligibility criteria can be found [here](#). Please consider encouraging your friends and family to sign up.

If you have any questions you can email [Lew Coffin](#) or call him at (847) 917-1437.



Spring Native Plant, Shrub & Tree Sale

Citizens for Conservation (CFC) Spring Native plant sale is coming soon. Gardeners have been eagerly awaiting CFC's annual sale.

Each May, CFC hosts one of the oldest and largest native plant sales in Illinois. Since its start in 1996, the plant sale has grown to selling over 17,000 plants each year, expanding native habitat in yards throughout the Chicago region.

- Online ordering begins **March 1st**
- Plant Sale online ordering closes on **April 17th**.
- Pick-up dates for on-line orders will be **May 6 and 7** at the barns area of Good Shepherd Hospital
- The in-person sale runs from May 6 – 8 at the barns area of Good Shepherd Hospital

For more details please visit the [Citizens for Conservation website](#).





Did you know?

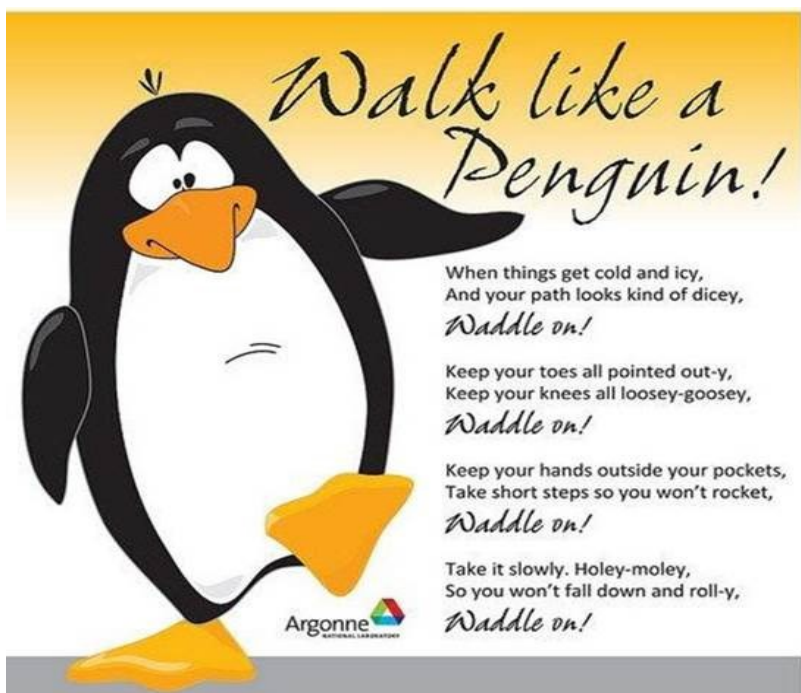
- Our garden club membership includes 107 members from 13 suburbs of Chicago. Ten of our members are Master Gardeners.
- The AHGC Newsletter Editor is always looking for fresh, interesting content to include in our monthly newsletters.
- All members are invited to submit garden photos that you would like to share in our newsletter. We are currently collecting winter photos —but all garden photos are appreciated.
- If you run across an article/topic you think our members would enjoy, please forward it to the editor.
- All content, ideas and photos should be emailed to our Newsletter Editor, [Mona Frisbie](#)

Board of Directors

President	Jim Spannagel
Secretary	Nancy Asquini-Dean
Treasurer	Pete Landwehr

Committee Chairs

Artistic	Barb Franks
Civics	Mike Relaz
	Dee Schurman
Conservation	June Miller
Garden Walk	Kathy Hendricksen
	Aileen Koeppen
Horticulture	Bev Krams
Hospitality	Marilyn Weber
	Joe Weber
Membership	Renie Norkiewicz
	Shelley Plischke
Newsletter	Mona Frisbie
Plant Sale	Bob Bruett
Programs	Val Solaski
Publicity	Lesley Jackson
	Connie Landwehr
Scholarship	Mike Dennehey





National Garden Clubs

OFFICIAL WEBSITE

Olmsted 200th Anniversary Video

Mary Warshauer | NGC President

April 26, 2022 is the 200th anniversary of the birth of Frederick Law Olmsted, renowned conservationist and landscape architect credited with having created public parks providing city dwellers “a sense of enlarged freedom,” being restorative in nature and connecting communities. I'm delighted to share a video created by historian Kirk Brown to commemorate Olmsted's birthday. Kirk entertains and educates garden clubs members and history lovers with his energetic and passionate, horticulturally related presentations.

This is the first of a President's series planned for the next year that will entertain and educate National Garden Club members. This video will be available until May 11.

Click [here](#) to launch the video.

Looking for New Club Member to Take Over Awards

Kathy Hendricksen | Awards Chair

The AHGC is looking for someone to take over the Awards Chair position. This is a perfect entry-level volunteer position for one of our newer members to take on without becoming overwhelmed. Kathy Hendricksen has held the Awards position for years and is looking for someone new to take over. Kathy has excellent notes and will train someone new and work alongside them until they feel comfortable.

Each year our Garden Club applies for various awards from the Garden Clubs of Illinois and District IX. Winning these awards provide recognition for our club and sometimes offer a monetary prize.

The Awards Chair is responsible for selecting the awards our club applies for, and filling out the applications. Applications often require supporting documentation for a specific project so you would be working with other club members to obtain the necessary photographs, project details, and assistance filing out the application. .

Here is a [link to the Garden Clubs of Illinois Awards webpage](#) that includes award applications and some past awards.

If you are interested, or have questions about the Award position, please [email](#) Kathy or call her at 847-514-0414.

Treasurer's Report

Pete Landwehr | Treasurer

ARLINGTON HEIGHTS GARDEN CLUB TREASURER'S REPORT JANUARY, 2022

Checking Account Balance 12/31/21 **Stmt Date** \$ 10,653.21

Receipts:

Total

Disbursements (cleared):

	<u>Check #</u>	<u>Ck Date</u>		
Jim Spannagel	1476	12/8/21	11.60	postage stamps
GCI	1478	12/10/21	12.00	4 new members
Void	1481			
Pete Landwehr	1482	1/3/22	107.95	Holiday party
Arlington Heights Historical Museum	1484	1/11/22	2,000.00	discretionary donation
Arlington Heights Park District	1485	1/11/22	1,000.00	discretionary donation
Pete Landwehr	1488	1/21/22	548.94	3 yr website renewal

Total

3,680.49

Checking Account Balance 1/31/22

\$ 6,972.72

Receipts to be deposited

Receivable from Marty Landwehr 2,000.00 2021-22 scholarship

Total undeposited receipts

\$ 2,000.00

Open invoices and checks written but not cashed

	<u>Check #</u>	<u>Ck Date</u>		
Natalie Kot	1454	10/25/21	63.24	partial 2021 scholarship
Propsect High School	1483	1/11/22	100.00	donation for holiday
Auto Owners Insurance Co	1486	1/20/22	358.00	insurance policy
Village of Arlington Heights	1487	1/21/22	1,000.00	discretionary donation
Alyse Burman - Wildbird Shack	1489	1/26/22	140.00	Jan presentation
Marlena Kot	1490	1/31/22	1,936.76	2021-22 scholarship

Total outstanding checks and invoices

\$ 3,598.00

ADJUSTED CASH POSITION 1/31/22

\$ 5,374.72

AHGC Board Meeting Notes

Nancy Asquini Dean | Recording Secretary

AHGC Board Meeting | February 14th 7:00 PM

President - Jim Spannagel Welcome and opening of meeting.

Secretary -The January secretary's board minutes, with corrections, was approved.

Treasurer - January treasurer's report was approved. A report on the use of credit cards was given, and Pete is scheduling a committee meeting to further discuss the fee structure for the different type of transactions online including: vendor, event, membership and sponsorships.

Artistic – No report.

Civics – Suggestion about seniors working with young people in public projects was discussed and Board decided that this is a worthwhile endeavor. Claudette is writing up the specifics and schools would be notified of our projects, dates, etc. Currently Forest View and WINGS.

Conservation – The Northwest Community Hospital tree planting project, to recognize the staff during the COVID pandemic, is being coordinated with Marketing at the hospital. Tree selection is being made. Also, our annual tree planting will be done this year at Greenbriar Elementary.

Garden Walk – Kathy and Aileen report nine vendors have signed up already, Hawthorn Gardens will give gift cards to homeowners as in previous years, Village Bank has agreed to sell tickets for GW, and Kathy is sending personal email to last year's sponsors.

Horticulture – Bev submitted book review to newsletter.

Membership – Renie provided an overview of the March, April, May membership campaign.

Programs -

January program : "Turn Your Garden into a B&B for Birds" by Alyse Cohen has 61 attendees.

February: "Simple Steps to Sowing Seeds" by Eva Nyndman will be a ZOOM meeting.

March: "Creative Screening Beyond Arborvitae" will be in person at St. Simon's Church.

Val reviewed proposed programs for 2022-2023.

Publicity – **Article on our scholarship winners submitted to Herald.** Northgate newsletter put out weekly asked us for articles. Connie is working with them.

Scholarship - Article on winners given to Connie for publication in Herald.

Website – Many new website enhancements including articles, links, and payment processing for fee-based transactions

Old/New Business – Blood drive date changed to July. Looking for Awards Application Chair to replace Kathy.