



# Arlington Heights garden club

April 2017

*Growing Together*

*Carol Elliott, Editor*

## Integrated Pest Management

**Monday, April 24**  
**Speaker: Kim Ellson**

Integrated Pest Management (IPM) is a practical and environmentally sound approach for controlling pests in the home, yard, and garden. Kim will offer management options, taking into account the environmental and economical strategies necessary to make the best decisions.

Kim is currently the Horticulture Educator for the University of Illinois Extension Master Gardeners serving North Cook County. She was previously the greenhouse and grounds manager for the Mt. Prospect Park District, based at the Friendship Park Conservatory. Kim has a highly varied background; originating from a family of horticulturists in South Africa, having obtained her education in the United Kingdom - a BSc in Horticulture and MSc in Wildlife Management and Conservation, and having since worked in all avenues of horticulture, including retail, design, production, and Botanic gardens worldwide.



## Greetings from Our President

How nice to see the spring flowers and tree blossoms! See the info on our two wildflower walks at Busse Woods inside this newsletter.

Our Civics Chair, Kathy Wolan will have a sign up sheet at our April meeting to do planting at the Historical Museum on 5/20. She is also looking for volunteers for the Historical Society's House Walk on 5/21 from 12-5 p.m. More info inside.

Our Conservation Chair, Jim Spannagel has organized our participation in the Olive Earth Day Fair, and a group of Garden Club members attended an organizational meeting for the Dryden Apartments / Windsor Community Garden. Plans are underway with another organizational meeting on 5/2 at 4:30 at Windsor and a kick off for the Garden on 5/19 at lunch time through the afternoon.

Please start potting up your perennials for our June 10th and 17th Plant Sale. Please also mark your calendar to hear Bev Krams give a 45 minute talk on "The Gardens of Arlington Heights" at 11 a.m. at the Arl. Hts. Historical Society. They asked to partner with us as part of their celebration of their 60th anniversary, and Bev will be speaking about gardens with some history.

See inside for updates on the garden walk and the slate of new officers. I look forward to seeing you at our next meeting and various club activities!

*Kathy Hendricksen, President*

## BOARD OF DIRECTORS

President

Kathy Hendricksen

Vice President

Donna Soens

Secretary

Bev Krams

Treasurer

Nancy Asquini-Dean

## COMMITTEE CHAIRMEN

Artistic

Barb Franks

Civics

Kathy Wolan

Conservation

Jim Spannagel

Horticulture

Pete Landwehr

Membership

Donna Soens

Program

Val Solaski

Publicity

Helen Dawley

Social

Aggie Prochaska

Ways and Means

Adrienne Martz

## SPECIAL COMMITTEE CHAIRMEN

Newsletter

Carol Elliott

Scholarship and Website

Mike Dennehey

## April Hostesses

A reminder and thank you from Aggie Prochaska, Social Chair, to those bringing treats to our April meeting!

*Barb Franks*

*Mary Jo Pedersen*

*Kathy Wolan*

## Plant Sale News

Garden Club members are reminded of the upcoming plant sale on June 10th and 17th, on the grounds of the Arlington Heights Historical Society, across the street from the Saturday morning Farmers Market. The sale will be open to the public from 8 AM until noon. As soon as the soil dries, this is the perfect time to begin potting up those extra plants. Each member is asked to donate at least 10 plants, and most of us can probably share 2-3 times that amount. If potted now, the plants will recover and look great on the dates of the sale. Please provide on a large popsicle stick, a piece of mini-blind or a piece of paper in a plastic sandwich bag, the name of the plant, and whether it grows best in sun or shade. Plants can be dropped off at the Historical Society on the morning of June 10th by 7 AM, but preferred is Thursday or Friday, June 8th or 9th any time of day or evening. If you needs pots, large or small, or someone to transport your plants to the Historical Society, contact Jim Spannagel (847-322-8207).

Please share the sale date with friends and neighbors, especially those who may be just beginning their garden. Master Gardeners will be available to answer questions. We welcome perennials, annuals, herbs, vegetables, small fruits (such as strawberry plants or raspberries), native plants, hanging baskets, grasses, groundcovers or even houseplants. Do not bring plants regarded as aggressive or invasive.

## Wildflower Walk

We have arranged for two wildflower walks in Busse Woods this spring led by Kris DaPra - Master Gardener and leader of Friends of Busse Woods. Kris made a presentation on "Illinois Wildflowers" at our meeting last October. We will meet at the Arlington Heights Historical Museum beforehand and carpool to Busse Woods. The two dates are:

Sunday, April 30 - currently all 15 spots have been filled - meet at 1:00 PM to carpool

Tuesday, May 9 - currently 6 of the 15 spots are filled (contact Pete Landwehr if you want to go on this date) - meet at 8:30 AM to carpool

# Civics - Volunteers Needed

The date for planting annuals at the Historical Society garden is May 20th. Volunteers welcomed! Also, we have an opportunity to assist at the Historical Society Housewalk on May 21st. We no longer are responsible for an entire house, as we don't get enough volunteers, but we are sharing a house this year. If you volunteer for 2 1/2 hours you receive a ticket. The shifts are from 11:45 to 2:30 and 2:15 to 5:00. It is fun to docent and even more fun to see the other homes on display. Clipboards for both of these opportunities will circulate at the meeting on April 24th. If you can't be there to sign up please email me to include you in the fun.

Also, if you have any extra small pots, I could use some for our plant sale before our Garden Walk. Please bring them to the meeting in a plastic bag.

kjwolan@att.net

Kathy Wolan

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## AHGC Offering Educational Assistance for 2017

Are you, a family member, or friend thinking of gaining education in the horticultural area? Here are two opportunities from our club for educational assistance!

Proceeds from the annual Garden Walk, scheduled for June 25th this year, are used to fund these scholarship programs. If you have any questions please contact Mike Dennehey at [dennehm@wowway.com](mailto:dennehm@wowway.com) or 847-255-0133 for information.

### Academic Scholarship

The Arlington Heights Garden Club will award two \$1500 scholarships for students pursuing study in the fields of horticulture, botany, forestry, agriculture, marine biology, or environmental sciences. However, other fields of interest will be given consideration. Extra credit is given if an applicant can demonstrate a working experience in the horticulture, floral, nursery community over the past year. All applicants must be residents of Arlington Heights or adjoining communities, have a C average, and be pursuing enrollment for the 2017-2018 school term in a vocational / technical school, community college, or university. Grad school also qualifies.

Scholarship applications are due on May 1st, with recipients announced the first week of June. Application forms are available at all District 214 High School Career Center offices, Saint Viator High School, and Christian Liberty Academy and can be downloaded from the AHGC website: [www.ahgardenclub.com](http://www.ahgardenclub.com) on the Scholarship Info page. Please note a list of college fields of study and a list of local schools for students to consider is also available.

### Personal Development Award

As a member of AHGC, you can register for any course given by the Chicago Botanic Gardens, Morton Arboretum, evening school at a high school or college, GCI, or local nurseries and AHGC will pay for one half the cost up to \$200. If interested, please download the Personal Development Award application from the Scholarship Page on the club website at [www.ahgardenclub.com](http://www.ahgardenclub.com).

# CREATING A CERTIFIED MONARCH BUTTERFLY HABITAT

University of Illinois

Here are some guidelines for creating a monarch habitat in your garden, adapted from Monarch Watch's Waystation Certification Requirements ([www.monarchwatch.org/waystations](http://www.monarchwatch.org/waystations)) and "Plight of the Butterfly," by Gabriel Popkin, *The American Gardener*, March/April 2014.

- " Size: A garden area of at least 100 square feet is recommended.
- " Exposure: At least six hours of sun a day
- " Drainage and Soil Types: Milkweeds (exclusive caterpillar food of Monarch) do best in low-clay soils with good drainage.
- " Shelter: Plants should be close together but not overcrowded.
- " Milkweed Plants (*Asclepias* sp.): Plant at least 10 individual plants, preferably multiple species.
- " Nectar plants: Plant at least four species whose bloom times are distributed throughout the migration season to increase the length of time nectar will be available. The adult butterflies are not exclusive to milkweed. Just the caterpillars.
- " Management: Even native plantings need to be maintained. Water during droughts and weed regularly. Mulch with compost or shredded leaves in spring.

## OTHER MONARCH FRIENDLY PROGRAMS

- " Xerces Society's "Bring Back The Pollinators" conservation campaign pledge asks gardeners to plant nectar plants, provide homes for pollinators, avoid harmful pesticides, and engage in pollinator outreach. <http://www.xerces.org/bringbackthepollinators/>
- " North American Butterfly Association's Butterfly Garden and Habitat Program certification requires three native food plants for caterpillars and three native nectar plants for adults. <http://nababutterfly.com/butterfly-garden-certification-program/>

Since we have lost 90% of the Monarch population, (according to Doug Tallamy, Prof. Entomology, U of Delaware) and it is an iconic species that draws attention to the need for productive plants that support caterpillars in the landscape, this project has merit.

## MORE INFORMATION

National Audubon Society: <http://www.audubon.org/>  
The Nature Conservancy: <http://www.nature.org/>  
PlantNative: <http://www.plantnative.org/>  
New England Wild Flower Society: <http://www.newfs.org/>  
Arbor Day Foundation: <http://www.arborday.org/>  
Richard Louv, author: <http://richardlouv.com/>  
Children & Nature Network: <http://www.childrenandnature.org/>



# GROWING YOUR GARDEN KNOWLEDGE - April 2017

Apr. 18 - "What's New for Spring" - 7:00 PM at Berthold's Garden Center, 434 E Devon Ave, Elk Grove Village, Ill.

Apr. 22 - Earth Day

Apr. 24 - "Integrated Pest Management" by Kim Ellson, University of Illinois Extension Educator at our garden club meeting - 7:00 at the Arlington Heights Village Hall, 33 S. Arlington Heights Road

Apr. 27 - "Creative Container Gardening" - 1:00 PM at Knupper's Nursery & Landscaping, 1801 N. Rand Rd., Palatine, Ill. Also at 9:00 AM on Apr. 29.

Apr. 28 - Arbor Day

Apr. 28-30 - "Arbor Day Plant Sale" - a variety of trees for our area for sale, chosen by experts - at Morton Arboretum in Lisle, Ill.

Apr. 30 - "Busse Woods Wildflower Walk" - led by Kris DaPra - Master Gardener and leader of Friends of Busse Woods - Kris made a presentation on "Illinois Wildflowers" at our meeting last October - meet at AH Historical Museum at 1:00 PM to carpool (see also 2nd walk on May 9)

May 5 - "Spring Outing, Tri-Council - Landscape Design Council" - at Rich's Fox Willow Pines Nursery, 11618 McConnell Road, Woodstock, Ill. Meet at Fox Willow Pines at 10:30 AM for a tour of the conifer gardens and arboretum followed by optional lunch on your own at Public House of Woodstock on the Square. Registration is \$10 for non-members with a deadline of April 28. Registration here: [https://media.wix.com/ugd/3320dc\\_0b6b208eaaba40d8a7c7ec5d90325eb5.pdf](https://media.wix.com/ugd/3320dc_0b6b208eaaba40d8a7c7ec5d90325eb5.pdf)

May 5-7 - "28th Annual Spring Plant Sale" - at Oak Park Conservatory in Oak Park, Ill.

May 6-7 - Citizens For Conservation Native Plant Sale at Good Shepherd Hospital on Hwy 22 in Lake Barrington, IL - pre-order plants at: <http://springsale.citizensforconservation.org/>

May 6-7 - "Central States Dahlia Society Sale" - at Chicago Botanic Garden in Glencoe, Ill.

May 9 - "Busse Woods Wildflower Walk" - led by Kris DaPra - meet at AH Historical Museum at 8:30 AM to carpool (see also Apr. 30)

May 11 - "Wild Birds" - Alyse Burnman, co-owner of Wild Bird Shack in Mt Prospect has been birding for over 18 years. Her presentation will be on hummingbirds and other native birds, how to attract and keep them in our yards, and what to feed them. - Des Plaines Garden Club meeting at Frisbie Senior Center in Des Plaines, Ill. For information, see: [www.desplainesgardenclub.com](http://www.desplainesgardenclub.com)

May 13 - Annual & Perennial Plant Sale - 9:00 - 3:00 sponsored by the Mount Prospect Park District - Friendship Park Conservatory greenhouse - 395 W Algonquin Rd., Des Plaines, Ill.

May 17 - "Plant for the Pollinators" - a presentation by Sharon Yiesla about the other pollinators, insects, etc., and what types of flowers will attract them. Held at the Des Plaines Public Library at 7:00 in cooperation with the Des Plaines Garden Club. The program is free but registration is required. The library phone number is 847-827-5551.

# Garden Walk Update

Thank you to Renie Norkiewicz and Shelley Plischke for getting volunteers for the various community events and Garden Walk. Clipboards will be distributed at the April and May general meetings and we need everyone's assistance. Do not be shy about signing up for multiple activities!

Sharon Sieg has been assisting with making up fliers for the Garden Walk which we will distribute at our next meeting so please plan on spreading the word!

I am sorry to report that Adrienne Martz has resigned from the club so I am now the sole chair of the Garden Walk. If anyone is willing to assist with putting together our Garden Walk program guide, is willing to assist Nancy Asquini-Dean with putting up the display case in the library for May-June, or is willing to serve the next year as our Ways and Means Chair, please let me know.

## Garden Club Election Slate for the Board

The following slate was put forth by our nominating committee and are to be voted on at our April General Meeting and installed at our May meeting:

Elected on ODD years 2017-9:

ARTISTIC: Barbara Franks  
CIVICS: Kathy Wolan/Mike Relaz  
HORTICULTURE: Bev Krams  
MEMBERSHIP: Renie Norkiewicz/Shelley Plischke  
PRESIDENT: Jim Spannegal  
SOCIAL: Aggie Prochaska  
TREASURER: Pete Landwehr

Elected on EVEN years 2018-20:

++replacements  
CONSERVATION: Kathy Hendricksen++  
WAYS & MEANS: vacant  
NEWSLETTER: Carol Elliott  
PROGRAM: Valerie Solaski  
PUBLICITY: Clara Stone++  
WEBSITE: Mike Dennehey  
SECRETARY: Nancy Asquini Dean++

Respectfully Submitted by: Bev Krams,  
Adrienne Martz, Carol Elliott, Renie Norkiewicz,  
Shelley Plischke

## Stamps

Be sure to check your incoming mail to see if any of the letters have commemorative stamps. Cut them off of the envelopes, leave only 1/8th inch of the envelope showing. Be careful not to damage the stamps. Bring them to the meetings and put them in the stamp basket.

Remember that the proceeds from the sale of those stamps are used to purchase wildlife habitat.

## AHGC Dues Due in May

Garden Club dues are due for the 2017/2018 Club year in May. Please use the form at the end of this newsletter to join or renew your membership for next year. Individual dues are \$25.00, and couples are \$40.00

# Arlington Heights Garden Club 2017-18 Membership Form

I would like to be a member of the Arlington Heights Garden Club. My check is enclosed:

Individual \_\_\_\_\_ \$25.00 Couple \_\_\_\_\_ \$40.00

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email address \_\_\_\_\_

In order to get involved and meet people, we recommend everyone sign up for at least one or more committees. Please check the committee(s) you would be interested in helping.

\_\_\_\_\_ Artistic \_\_\_\_\_ Civics \_\_\_\_\_ Conservation \_\_\_\_\_ Garden Walk  
\_\_\_\_\_ Horticulture \_\_\_\_\_ Membership \_\_\_\_\_ Newsletter \_\_\_\_\_ Program  
\_\_\_\_\_ Publicity \_\_\_\_\_ Scholarship \_\_\_\_\_ Social \_\_\_\_\_ Ways & Means  
\_\_\_\_\_ Website

Would you be willing to serve as a chair of a committee? Y N

If yes, which committee? \_\_\_\_\_

Comments/suggestions: \_\_\_\_\_

I would like to bring treats to be served at a general meeting.

September \_\_\_\_\_ October \_\_\_\_\_ November \_\_\_\_\_ January \_\_\_\_\_

February \_\_\_\_\_ March \_\_\_\_\_ April \_\_\_\_\_ May \_\_\_\_\_

"I grant the AHGC permission to use photographs taken of me or including me at Garden Club meetings and events to be used in whole or in part for the purpose of promotion, social media and art for the sole use of the AHGC."

Please bring this form and your check made out to Arl. Hts. Garden Club to a general meeting, or mail to:

Donna Soens, Membership Chair  
114 South School Lane  
Prospect Heights, IL 60070