



November 2021

### Greetings from Our President

My grandfather, Matt Spannagel, was part of the *Grateful Fed*. Yes that is right, the *Grateful Fed*. Now don't get my grandpa mixed up with the American rock band named The Grateful Dead.

My grandparents were farmers in east central Illinois, and were married for over 50 years. Grandma told me once that grandpa had an excellent appetite, thoroughly enjoyed his meals, and after every single meal he would always take a moment to say "thank you" to her. Doing some quick math that comes to more than 54,750 thank you's just for meals. In all those years of marriage, she told me he never forgot to say "thank you" three times each day. And he meant it sincerely. He felt very fortunate to have food on the table, prepared with love (my grandma was a great cook too), every day of his married life.

As we approach Thanksgiving Day, may each of us take time to reflect on our many blessings and realize that most of us never have to worry about where our next meal will come from. The news coming from Madagascar these days tells of mass hunger and starving children and adults. May we do what we can to share with those in need. While enjoying the upcoming Holiday with family and friends, please pause to remember the simple blessing of food on our tables. We do take so much for granted. May we all be part of that large group known as the "*Grateful Fed*."

*Jim Spannagel*

Nov 22nd @ 7 PM  
Zoom General Meeting

*Georgia O'Keeffe: The Inspiration of Nature*

See page 2 for more information on this meeting and program presentation.

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## November Education Program

November 22nd @ 7 PM (Zoom Library Presentation)

*Val Solaski, Programs*

### *Georgia O'Keeffe: The Inspiration of Nature*

*Presented by Leslie Goddard*

Leslie Goddard, Ph.D., is an award-winning actress and scholar who has been portraying famous women and presenting history lectures for more than ten years. She holds a Ph. D. from Northwestern University specializing in U.S. history and American Studies as well as master's degrees in both theater and museum studies. A former museum director, she is the author of two books on Chicago history and currently works full-time as a historical interpreter, author, and public speaker.

In this living-history performance, historian Leslie Goddard, Ph.D., portrays Georgia O'Keeffe, the legendary artist and modernist. As O'Keeffe reflects on her life, she discusses her intense closeness to flowers, nature, and the landscape around her homes in New Mexico. What emerges is a complex person whose mythmaking encompassed both her art and her life

**Please Note:** Our November 22nd meeting is a Zoom meeting. This program is in partnership with the Arlington Heights Memorial Library, and the library will be running the Zoom call. **You must register with the library to join the meeting.** Click [here](#) to register.



### Happy Birthday & Best Wishes

Diane Culhane  
Michael Dingboom  
John Garrity  
Claudia McGrath  
Cathy Rusnak  
Marilyn Weber

## We Are On the Move!

*Val Solaski, Programs*

Our Club has found a new location for our monthly meetings, beginning in January 2022. We are pleased to announce that Saint Simon's Episcopal Church of Arlington Heights has made their basement meeting space available to us for our meetings Jan - May of next year.

Saint Simon's is located at 717 West Kirchoff Road, Arlington Heights, IL 60005 and is right next to the NW Community Hospital. There is ample parking next to the building. Enter the parking lot and proceed to the back of the building. Take the stairs down to the basement entrance. For those who are "stairs challenged," you will enter at the parking level entrance and take an elevator down to the basement. We will provide more details on that process in the future, as entry to that door and the elevator must be controlled by a Club member with a key.

This space provides a great opportunity for our Club to get together live with plenty of room. We are responsible for room set up and clean up. Please let Val Solaski know if you could come early or leave a bit later and help with the room set up or clean up. We really need your support to be able to provide good programs in a nice venue.

# Holiday Ecofriendly Recycling

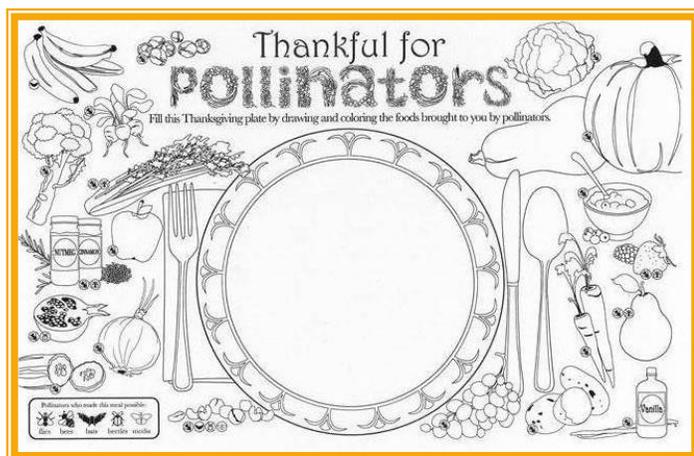
June Miller, Conservation

Proper disposal of your trash is important for keeping your holiday festivities green. According to the EPA, 35% of our trash can be kept out of landfills by recycling and composting. This conserves our natural resources, including trees, water, oil, and metals. Look for the recycle symbol (numbers 1-5 and 7). All items below were verified by Groot Industries. Please share these tips with others. Happy Holidays!



- Holiday cards and envelopes can be recycled as long as they are not overly metallic or glittery. If so, tear the card in half and toss glittery/metallic part in the trash. Glitter is not biodegradable.
- Not all giftwrap is recyclable. Gift wrap that contains decorative elements such as glitter, foil, metallic, or sequins should not be recycled. Recycle the cardboard tube from the wrapping paper roll. Try using reusable paper bags or fabric bags to wrap your gifts. Paper bags can be recycled but remove any ribbon, rope, or bead handles before adding to the bin. Tissue paper can be recycled.
- Ribbons, bows, or twine should not be recycled as they end up wrapping around the spinning shafts of the recycling machines. Try to reuse those bows.
- Do not recycle styrofoam inserts found in boxes or styrofoam food containers. Also, no bubble wrap in the recycle bin.
- Plastic store bags, grocery bags, bread, roll, or chip bags are not recyclable (even with recycle symbol). Some grocery stores have containers for these used plastic bags which will be sent to a specialized recycling site. Remember to use your reusable shopping bags when you head to the store.
- Always check if food storage containers can be recycled by looking for the recycle symbol. Most containers containing food (i.e. condiments, salad dressings, butter containers along with water and juice bottles) are recyclable.
- Use recyclable cardboard boxes and reusable tins when making cookies or treats for family or friends.
- Don't forget to recycle those cranberry sauce and pumpkin pie filling aluminum cans!
- If able, compost or use a food scrap program for unwanted food to divert food waste from the landfill.
- Reuse holiday decorations and other items for future holidays. Otherwise, donate or sell them.
- Reminder: Do not recycle batteries, plastic toys, the hard plastic covering on packages, or any fibrous duct tape. Remove this tape from the cardboard boxes.
- Buy energy-saving LED holiday lights as they are the most energy-efficient and consume 70% less energy than conventional incandescent lights.

Try getting a pesticide-free tree or a locally grown tree to reduce your carbon footprint. Check for tree-recycling programs (Groot will collect trees in AH). Christmas garlands and wreaths should be disposed of as refuse. For an artificial tree, it is recommended to reuse it for at least 10 years since the biggest impact on the environment comes from production and transportation.



## Give Thanks for Pollinators

As you enjoy a meal this Thanksgiving remember to give thanks to pollinators that make our food possible. The Chicago Botanic Garden has provided a *placemat* to be used at your dinner table to remind us where the food we eat comes from. Share it with your family and be thankful for pollinators!

Click [here](#) to download the pollinator placemat.

## Fall Leaf Pickup

*June Miller, Conservation*

The Arlington Heights Fall Leaves 2:1 Program (1 sticker for every 2 bags) continues through December 14th.

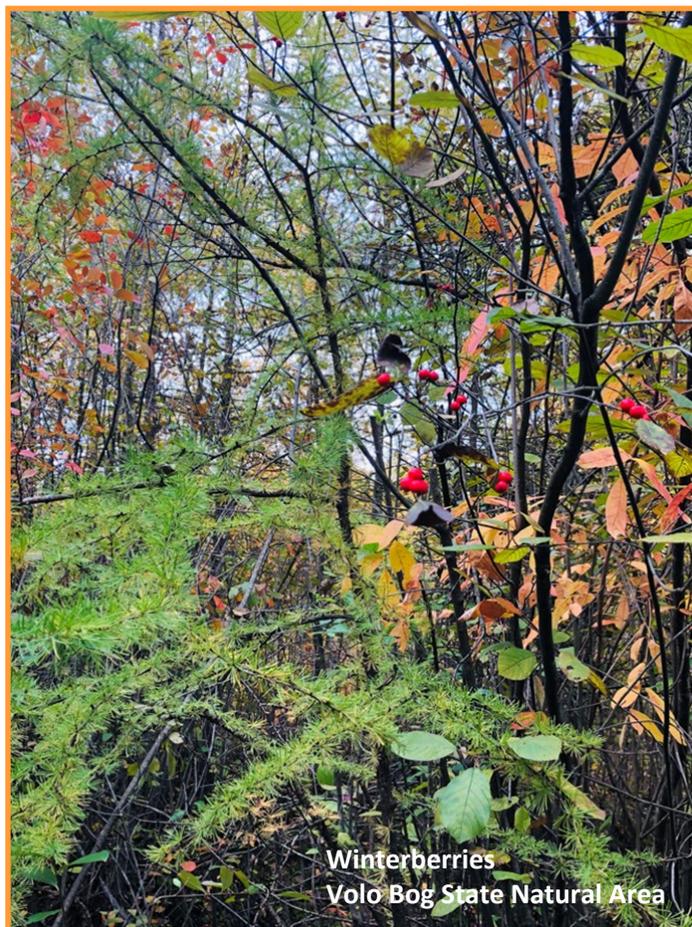
### Fall Leaves 2:1 Program

October 14 through December 14 residents need to only place 1 sticker for every 2 bags of leaves set out for collection. Many local stores sell the landscape waste stickers. Stickers are also available at Village Hall & the Arlington Heights Senior Center.

### Landscape Waste Subscription Program

Residents may subscribe to this program, which allows five (5) unstickered bags or bundles per week, from April 1 through October 12. For fall leaves collected between October 14 - December 14, up to ten (10) unstickered bags or bundles per week may be placed at the curb for collection. Food scraps are *not* permitted with this subscription program. The Landscape Waste Subscription Program is \$133.32 per season.

For more information visit the [Arlington Heights Landscape Waste Program](#)



## Club Bylaws

The AHGC Bylaws have been updated and approved by the Board.

This week an email will be sent out to all members with an attachment of the Bylaws with all updates identified in red font for easy reading.

Please review the Bylaws when you receive this email. In late November an email will be sent out asking all members to vote electronically to approve these updates.

If you have any questions, please contact [Jim Spannagel](#) or [Mike Dennehey](#).

# Gardening Knowledge

Bev Krams, Horticulture

## UPCOMING EDUCATIONAL OPPORTUNITIES ( Page 1 of 2 )

### ARLINGTON HEIGHTS TREE LIGHTING CEREMONY

11/26 @ 4:30 pm

Live reindeer, ice carving/sculptures, photo stations, trolley rides, Dickens Carolers

Click [here](#) for more information

### ARLINGTON HEIGHTS HISTORICAL MUSEUM

12/12 @ 2-4 pm Knife Sharpening by Dave

Dave is back for all your sharpening needs! Along with knives, Dave will sharpen mower blades and gardening tools. Click [here](#) for more information

### CANTIGNY PARK MISTLETOE MARKET

11/19 @ 1-7 pm

Shop the cheery displays of local crafters and artists offering one-of-a-kind items for holiday gift giving

Click [here](#) for more information

### CHALET NURSERY WEBINAR

11/19 @ 10 am webinar *Secrets to Success with Holiday Houseplants*

Free. Registration [required](#)

12/03 @ 10 am virtual workshop *Holiday Bow Making*

[Registration](#) required/\$19.99 fee

### CHICAGO BOTANIC GARDENS LIGHTSCAPE

11/12 through 1/2/22

Click [here](#) for more information

### FERNWOOD BOTANIC GARDEN HOLIDAY LIGHTS

11/26 through 1/2/22 *Holiday Lights Exhibit* in Niles, Michigan

Click [here](#) for more information

### LURVEY'S WORKSHOP

11/20 @ 11 am-12:30 pm *Winter Container Workshop*

Click [here](#) for more information

### MATTHAEI BOTANICAL GARDENS, UNIVERSITY OF MICHIGAN

11/26 thru 1/9/22 *Holiday exhibit "The Greenhouse Gallery"*

Explore nature and all the elements and principles of art and design. It's about plants as art, designed by nature.

Click [here](#) for more information

# Gardening Knowledge

Bev Krams, Horticulture

## UPCOMING EDUCATIONAL OPPORTUNITIES ( Page 2 of 2 )

### MELINDA MYERS VIDEO ON PRUNING TIPS FOR SHRUBS

Learn the basics on how and when to prune shrubs.

Watch this [video](#) anytime

Download handouts

### MORTON ARBORETUM

11/20 through 1/2/22 *Tree Lights at the Arboretum*

Start your HOLIDAY! The ninth annual *Illumination: Tree Lights at The Morton Arboretum* returns as a walking experience. Explore 50 acres of the Arboretum's majestic trees during this one-of-a-kind spectacle of color, light, and sound. Click [here](#) for more information

11/22 or 11/30 *Winter Tree Identification*

Class is online and in-person. Learn to identify trees after they shed their leaves for the winter in this online class from The Morton Arboretum. Click [here](#) for more information

### PLATT HILL NURSERY- Kris Kringle Market & Winter Festival

12/03 @ 3:30-8:30 pm at the Old Town Park in Bloomingdale

Click [here](#) for more information

### PROSPECT HEIGHTS PUBLIC LIBRARY

*Our Biggest Experiment-An Epic History of the Climate Crisis Presented by Dr. Alice Bell*

January 20, 2022 @ 1-3 pm

Online presentation. Prospect Heights Natural Resource Commission

How did we discover the climate Crisis? Dr. Bell is co-director at the climate change charity [Possible](#) and author of [Our Biggest Experiment](#): A History of the Climate Crisis (Bloomsbury Sigma, 2021) and will tell us about the scientists who sounded the alarm to reveal the crisis of climate we are experiencing today.

Click [here](#) to register

### SALT CREEK CRAFT FAIR

11/20 @ 9-2 pm Salt Creek Sports Center, 50 vendors

Click [here](#) for more information

### UNIVERSITY OF ILLINOIS LIVE ZOOM WEBINAR

11/30 @ 1:30 pm *Root Collar Disorders on Trees*

Click [here](#) for more information

### MCHENRY COUNTY CONSERVATION DISTRICT

12/15 @ 7-8 pm Virtual *Winter Green Tips*

\$5NR / Free for residents

Reduce waste, ice melt alternatives, home energy efficiency options and recycling your holiday decor!

Click [here](#) for more information

## Book Review: ROSA

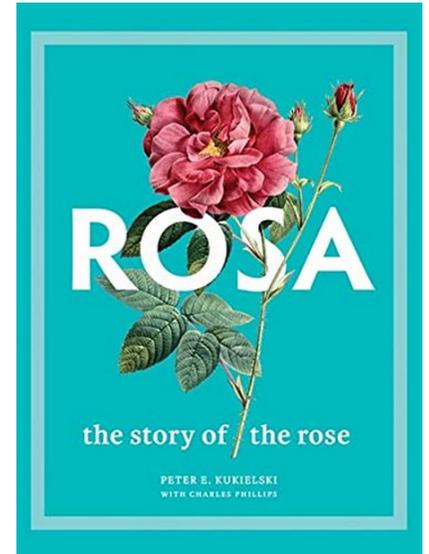
Bev Krams, Horticulture

We hope all of you enjoyed Kim Hartman's 'How to Grow Beautiful Roses' which was our October AHGC presentation. Kim was kind enough to share her PowerPoint presentation which was emailed to all our members. If you overlooked this email, check your inbox for this email dated November 9, 2021.

In case we still have not satisfied your desire for information on Rose's, you may want to check out this new book publication by Peter Kukielski and Charles Phillips. The book is entitled Rosa: The Story of the Rose. The rose has always been the queen of flowers in art, medicine, cuisine, religion and design. Mr. Kukielski has captured this precious flower and traced it through the history of civilization, addressing ancient times and cultures. Yes, roses go back 35 million years as paleontologists have evidence of the rose appearing in central Asia with the discovery of leaf fossils.

The book is full of lovely vintage illustrations and photos and has clear and well written information. If you are at all interested in plant history, then this is the book for you! *"We can complain because rose bushes have thorns, or rejoice because thorns have roses."*  
— Alphonse Karr. A wonderful book!

Our AHML does not carry the book but it can be requested from the library as an outside library loan.



## Join us for the Winter Container Workshop

Bev Franks, Artistic

Start your holiday season by designing your own festive and fragrant winter planter. This fun hands-on class allows you to be creative, while making a beautiful outdoor container for your home. With some easy and helpful tips, your planter will be the envy of your friends, neighbors and holiday guests.

Date: Wednesday, December 8th 7-8:30 pm  
Cost: \$30 for club members, \$35 for non-members  
(Please pay by cash or check and make checks payable to AHGC)  
Workshop is limited 25 participants.

Location: St. Simon's Episcopal Church, 707 W. Kirchoff Road, Arlington Heights, IL 60005  
(Please note the class is on the lower level and there is a flight of stairs to get to the class area)

Materials provided for this workshop include planter, soil and fresh assorted evergreens – everything you need to create your masterpiece! Bring your holiday cheer, a pair of garden gloves and pruning shears.

Please respond by 12/3 to [Barb Franks](#) or by text 847-612-8892 and provide your name and number of attendees in your text. You may bring payment the night of the event.



## Garden Gold: Fall Leaves



*Bev Krams, Horticulture*

### WHY ARE YOU PUTTING OUT YOUR LEAVES IN LAWN BAGS?

Those bags of leaves are worth more than their weight in gold if you use them wisely. They are the makings of next year's successful gardening plants. Consider these options:

- **You could let those leaves lie where they are.** Kind of a 'natural look'. Unfortunately when it rains the leaves then stick to the sidewalk, blow into the crevices of your yard and your neighbors. Deep layers of leaves can kill patches of grass and lead to snow mold.
- **Collect the leaves for use in your compost bin** or save leaves in a bin as a substitute for peat moss in the spring to amend your soil. Leaves are not like 'saved grass' that gets matted, smelly and moldy. They can eliminate your need for commercial compost starters. Stuff the leaves in black plastic garbage bags, add some soil to the bag, close it up and store it for the winter. In the spring you will have some additional 'browns' to add to your compost.
- Collect the leaves that you have bagged while mowing and **till them into your garden.** These leaves will decompose much faster and add those wonderful nutrients to the soil. Remember OAK leaves and pine needles are an excellent source of compost. Own a Walnut tree? You may want to collect those separately and dispose of them. Walnut trees give off a substance called Juglone. This substance can occur in the buds, nut hulls and roots, however, leaves and stems contain a smaller quantity. Juglone is poorly soluble in water and does not move very far from the soil. This can retard the growth of plants in your garden.
- **Just shred the leaves as you mow and leave them on the lawn.** On a regular basis small amounts of leaves mowed and left on the lawn is a great source of nitrogen.

What NOT to do with your LEAVES.

- **DO NOT BURN.** It is illegal. It is a cause of respiratory problems and pollution.
- **DO NOT SWEEP into the Street.** Although you can do this in Palatine and Mount Prospect on certain days of the month...It clogs storm sewers, a fire hazard from the heat of a car's catalytic converter and here in Arlington Heights it is not legal!

## Disposing of Your Household Chemical Waste

June Miller, Conservation

The Solid Waste Agency of Lake County, IL (SWALCO) provides a hazardous waste drop off service for your household chemical waste (HCW) and is open to the entire state of Illinois for **residential waste only**. No business, commercial or institutional wastes are accepted. Household Chemical Waste (HCW) is a term used to describe a variety of chemical products found in a household that have toxic or hazardous characteristics. Common HCW products include, but are not limited to, cleaning products, oil based paints/varnishes, flammable liquids, automotive products, garden chemicals, personal care products, and medications. When disposed of improperly (pouring them down the drain, disposing in the garbage) *these products can contaminate the groundwater and harm the environment*. For more information on this program please visit the [SWALCO website](#).

Click [here](#) to schedule an appointment to drop-off your chemical waste.

### Why is this Program Important?

1. Chemical waste poured onto soil, streets, or our municipal storm drains are carried to our streams, causing harm to our environment, fish and wildlife.
2. Chemical waste poured down household drains and toilets end up in our the sewage treatment plants and can eventually have a negative impact on wildlife and fish as well as our wetland areas.
3. Chemical waste that reach our landfills can potentially leach into the soil and pollute the surrounding groundwater.
4. Tossing chemical/hazardous waste into the garbage can threaten the safety and life of sanitation workers, who can be injured by acids, fires and explosions.

## Help Wanted: Club Volunteer Opportunities

### Newsletter—Contributing Editor

Do you enjoy meeting new people? The newsletter is looking for someone to interview members of the club. These interviews will be included in future issues of our newsletter where we will profile 1-2 club members/month. The task includes conducting the interview, taking notes, drafting a member profile for the newsletter and submitting it to the newsletter editor. If you are interested, please contact [Mona Frisbie](#)

### Garden Walk —Outdoor Signs Coordinator

The AHGC needs someone to be responsible for the street side outdoor signs we use for our annual Garden Walk sale. This would involve storing the signs which are approximately 24 (24 X 18) in number, and 2 slightly larger signs. About 2 weeks before the Garden Walk, place them around Arlington Heights in high visibility areas, then retrieve them the day after the sale. This job requires about 8 hours each year. Instructions on where signs have been placed in the past will be given. If you are interested, or have any questions please contact [Jim Spannagel](#).

### Plant Sale—Outdoor Signs Coordinator

The AHGC needs someone to be responsible for the street side outdoor signs we use for our annual Plant sale. This involves storing the signs which are approximately 24 (24 X 18) in number. About 2 weeks before the Plant Sale, place signs around Arlington Heights in high visibility areas, then retrieve them the day after the sale. This job requires about 6 hours per year. Instructions on where signs have been placed in the past will be given. If you are interested, or have any questions please contact [Jim Spannagel](#).

### Programming—Technical Assistant

Would you like to help our club facilitate great programs? We have an opportunity available for someone who is both a garden lover and is tech savvy. Combine both by becoming the "tech guru" for the Programs Committee, helping with our technical approach / issues in presenting programs and helping our speakers set up, as needed. If this is something you would like to consider or learn more about, please contact [Val Solaski](#).

## Holiday Party Planning

*Marilyn & Joe Weber, Hospitality*

Mark your calendar for this “second-of-a-kind” ZOOM Holiday Party! Our second **AHGC Zoom Holiday Party** will be held on December 13, 2021, at 7:00 PM

We all need a short break between Turkey Day and December 25 to celebrate the Winter Solstice and more! Please join the evening’s festivities that will include games, contests, and holiday cheer! All who attend will receive a “Party Packet” containing some special games and maybe a surprise or two.

More information to follow but start thinking about finding (or making) your own “outrageous, funny, whimsical, even practical, holiday headgear or hat!

*Challenging Games – Special Entertainment and more!*

Did someone mention *prizes???*

The Zoom meeting link to join the party, packet pick-up locations and pick-up time will be sent out in a separate email. If picking up a packet is a problem, we are happy to deliver.

**IMPORTANT:** To plan for the party, we need all members to RSVP to let us know if you plan on attending this event. Please [click here](#) to send us an email to RSVP for the Holiday Celebration on December 13th.

We hope that everyone can take part in this virtual event as we celebrate our friendship!

[Marilyn](#) (847) 217-4438 | [Joe](#) (847) 217-4431

## Knife Sharpening at the Historical Museum

A sharp knife is a safe knife. This year, start your holiday preparation early by getting your knives ready with Sharpening by Dave at the Arlington Heights Historical Museum on the second Sunday of every month from 2-4pm. The next sharpening event will be **Sunday, December 12**. You can find Sharpening by Dave’s van parked on the museum grounds at 110 W. Fremont, Arlington Heights. No reservations required.

Dave is an experienced knife sharpener who travels throughout Chicagoland offering on-site and off-site sharpening, as well as specialty sharpening and expert tips and tricks.

Sharpening by Dave will sharpen knives, cleavers, scissors (including pinking shears and hair scissors), and more. Items are sharpened inside a mobile van practicing social distancing. To view a complete list of services, visit [Sharpening by Dave](#). All service questions should be directed to [Dave](#) or call (847) 354-2547.

For every item sharpened, Dave donates \$1 to the Arlington Heights Historical Society. The Historical Society is a 501(c)3 charitable organization whose mission is to collect, preserve and present the history of Arlington Heights. Sharpening proceeds go towards fulfilling this mission. The Historical Society is a volunteer, member-funded organization that is a partner of the Arlington Heights Historical Museum.



## Signs of a Serious Gardener

(1) You know exactly how to run the leaf shredder, but you haven't quite figured out how to get the microwave clock to quit flashing.

(2) Your idea of winter fun is sticking your hand in the compost pile to feel if it's hot.

(3) While you are waiting in the doctor's office, you find yourself removing dead leaves from the houseplants in the waiting room.

(4) Your criteria for a quality doctor include the health of the waiting room plants.



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### Board of Directors

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President	Jim Spannagel
Secretary	Nancy Asquini-Dean
Treasurer	Pete Landwehr

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### Committee Chairs

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Artistic	Barb Franks
Civics	Mike Relaz
	Dee Schurman
Conservation	June Miller
Garden Walk	Kathy Hendricksen
	Aileen Koeppen
Horticulture	Bev Krams
Hospitality	Marilyn Weber
	Joe Weber
Membership	Renie Norkiewicz
	Shelley Plischke
Newsletter	Mona Frisbie
Plant Sale	Bob Bruett
Programs	Val Solaski
Publicity	Lesley Jackson
	Connie Landwehr
Scholarship	Mike Dennehey
Website	Denise Nowak

# Treasurer's Report

Pete Landwehr, Treasurer

**ARLINGTON HEIGHTS GARDEN CLUB  
TREASURER'S REPORT  
OCTOBER, 2021**

**Checking Account Balance 9/30/21**

**Stmt Date \$ 18,551.83**

**Receipts:**

Dee Schurman	10/13/21	1.00	found at CLA
membership dues	10/13/21	\$ 25.00	Diane Johnson
<b>Total</b>		<b>26.00</b>	

**Disbursements (cleared):**

	<u>Check #</u>	<u>Ck Date</u>		
void check # 1450				damaged by Post Office
District IX - GCI	1448	9/17/21	10.00	District IX dues
Cindy Crosby	1449	9/28/21	250.00	Sept Presentation
Lew Coffin	1451	10/14/21	73.51	Post Office locks
Mike Relaz	1452	10/15/21	47.83	Knack box hold-downs

**Total** 381.34

**Checking Account Balance 10/31/21**

**\$ 18,196.49**

**Receipts to be deposited**

Receivable from Marty Landwehr 63.24 partial 2021 scholarship

**Total undeposited receipts** \$ 63.24

**Open invoices and checks written but not cashed**

	<u>Check #</u>	<u>Ck Date</u>		
GCI	1453	10/25/21	3.00	replaces ck # 1453
Natalie Kot	1454	10/25/21	63.24	partial 2021 scholarship
Kim Hartmann	1455	10/28/21	125.00	Oct program

**Total outstanding checks and invoices** \$ 191.24

**ADJUSTED CASH POSITION 10/31/21**

**\$ 18,068.49**